

MEIA MARATONA DE OVAR 2015 - 18/10/2015

Relatório por Faixas Etárias

F0039

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	292	VANESSA FERNANDES	F	30	01:12:37	01:12:35	SL BENFICA
2	14	CATARINA RIBEIRO	F	25	01:13:30	01:13:28	SL BENFICA
3	16	SALOMÉ ROCHA	F	25	01:14:39	01:14:37	SL BENFICA
4	12	CLÁUDIA PEREIRA	F	39	01:14:52	01:14:50	INDIVIDUAL
5	6	CARLA MARTINHO	F	38	01:15:11	01:15:10	ADERCUS
6	8	DULCE FÉLIX	F	31	01:17:26	01:17:24	SL BENFICA
7	2223	CLARISSE CRUZ	F	37	01:18:37	01:18:37	RB RUNNING
8	2182	CÁTIA SANTOS	F	23	01:18:37	01:18:37	GD ESTREITO MADEIRA
9	237	JOANA NUNES	F	30	01:19:50	01:19:48	ADERCUS
10	276	SOLANGE JESUS	F	28	01:19:52	01:19:49	SPORTING CP
11	19	SÓNIA PINTO	F	23	01:20:59	01:20:57	ALUNOS DE ALMEIRM
12	2119	EMILIA K PISOEIRO	F	29	01:21:28	01:21:20	INDIVIDUAL
13	10	JÉSSICA AUGUSTO	F	33	01:22:03	01:22:00	INDIVIDUAL
14	275	SUSANA GODINHO	F	23	01:22:38	01:22:35	SL BENFICA
15	274	DIANA ALMEIDA	F	21	01:23:05	01:23:02	SL BENFICA
16	277	DANIELA SOUSA	F	22	01:23:19	01:23:16	ADRAP
17	1007	MARLENE LOPES	F	32	01:23:43	01:23:40	GD AIRÃO CURVIA
18	252	JÉSSICA MATOS	F	21	01:27:25	01:27:22	JUVENTUDE VIDIGALENSE
19	204	SILVIA SANTOS	F	35	01:30:51	01:30:49	CA OVAR
20	264	CÁTIA COSTA	F	26	01:31:25	01:31:22	MAIA AC/CRIOBABY
21	265	DIANA SOUSA	F	25	01:31:26	01:31:22	MAIA AC/CRIOBABY
22	1556	ANA L REIS	F	35	01:32:27	01:32:18	INDIVIDUAL
23	1069	AMÉLIA VIEIRA	F	26	01:32:34	01:31:52	GDC CASTELO PAIVA
24	1514	SUSANA MOREIRA	F	33	01:33:40	01:32:06	INDIVIDUAL
25	1853	JOANA C F CIRNE	F	26	01:36:10	01:34:57	INDIVIDUAL
26	2152	TANIA PEREIRA	F	25	01:37:15	01:36:21	ACR CAMBRA
27	1109	LUIS MENDES	F	34	01:37:25	01:36:42	VITÓRIA SPORT CLUBE
28	1085	JOANA FORTUNA	F	24	01:38:10	01:37:36	C SPIRIDON GAIA
29	1484	MIRIAM MARTINS	F	23	01:38:11	01:38:03	INDIVIDUAL
30	1560	Mª MAFALDA FERNANDO	F	19	01:39:45	01:39:10	INDIVIDUAL
31	1551	ESTELA S S PIMENTA	F	35	01:40:01	01:39:11	INDIVIDUAL
32	2169	ANA MARTINS	F	26	01:40:38	01:39:44	ACR CAMBRA
33	1558	ANA M P GOMES	F	37	01:40:42	01:39:56	INDIVIDUAL
34	1965	CLÁUDIA CARVALHO	F	35	01:40:48	01:40:10	SR CEPANENSE
35	1438	CÉLIA C MATIAS	F	34	01:40:52	01:40:30	TONDELA RUNNERS
36	63	VALQUIRIA SILVA	F	39	01:41:23	01:40:06	BOAVISTA FC
37	523	PAULA MOUTINHO	F	39	01:44:30	01:43:43	INDIVIDUAL
38	818	RITA C REBELO	F	32	01:45:14	01:43:37	CP EDP - DELEGAÇÃO DE GAIA
39	526	DANIELA SOARES	F	35	01:45:43	01:44:29	UNIDOS À FRESCA
40	579	Mª ANJOS PEREIRA	F	36	01:46:20	01:45:35	DÍNAMO CLUBE ESTAÇÃO
41	1466	SANDRINE SOUSA	F	39	01:46:22	01:46:10	JOBRA A JOVENS BRANCA

42	2042	VERA VENTURA	F	31	01:46:36	01:46:23	INDIVIDUAL
43	1985	SARA CONCEIÇÃO	F	35	01:47:51	01:47:01	INDIVIDUAL
44	2053	DARIA K TATARNIKOVA	F	26	01:48:16	01:48:04	INDIVIDUAL
45	1646	MARLENE RIBEIRO	F	38	01:48:52	01:48:35	AMIGOS PARQUE BIOLOGICO
46	1732	CARMEN C S LIMA	F	39	01:49:10	01:47:39	RUNNING CLASS HP ARRÁBIDA
47	387	CATARINA LEITE	F	34	01:50:14	01:49:05	INDIVIDUAL
48	433	CELINE GOMES	F	30	01:51:09	01:50:40	CDCR CTT PORTO
49	2226	CATARINA REGALO	F	35	01:51:21	01:51:14	WISEU 2001
50	1735	SUSANA M S S FERNANDES	F	39	01:51:22	01:50:50	INDIVIDUAL
51	2212	SILVIA CARDOSO	F	37	01:51:58	01:50:38	C BANIF
52	494	ELISABETE MARTINS	F	35	01:53:20	01:52:59	GRE BONFIM
53	1243	MARISA GOLÇALVES	F	32	01:53:28	01:51:54	RAINHA CLUB
54	704	HELENA RAMOS	F	35	01:53:31	01:52:19	GD LEOES VENEZA
55	532	MARISA LOPES	F	36	01:53:36	01:52:33	LOPES XARÁ
56	474	INÊS MATOS	F	26	01:53:48	01:52:46	INDIVIDUAL
57	1988	HELENA MARTINS	F	34	01:53:55	01:53:46	FIT4FUN
58	1761	MÁRCIA PINTO	F	23	01:54:11	01:53:19	INDIVIDUAL
59	1120	PAULA LOPES	F	38	01:54:34	01:53:11	NO TOMORROW RUNNING TEAM
60	2070	TERESA OLIVEIRA	F	35	01:54:45	01:54:15	NO TOMORROW RUNNING TEAM
61	1475	RAQUEL F VASCONCELOS	F	37	01:54:45	01:53:21	NO TOMORROW RUNNING TEAM
62	1234	CLAUDIA SILVA	F	32	01:54:48	01:53:46	RAINHA CLUB
63	1361	MARIANA MARTINS	F	34	01:54:59	01:53:40	SPRINTOLOS
64	1975	PAULA A R GONÇALVES	F	39	01:55:24	01:54:32	ADRULSM
65	2026	JULIANA C GOMES	F	28	01:55:42	01:54:05	INDIVIDUAL
66	1019	CARLA M O NUNES	F	38	01:56:05	01:54:27	INDIVIDUAL
67	803	DANIELA L SILVA	F	26	01:56:07	01:54:33	COOL RUNNERS
68	187	ANA COELHO	F	33	01:56:11	01:54:48	GAIA RUNNING
69	1356	CRISTIANA RESENDE	F	37	01:57:05	01:55:58	SPRINTOLOS
70	1337	CLÁUDIA PESQUEIRA	F	37	01:57:19	01:56:06	UNIDOS À FRESCA
71	1814	CARLA RIBEIRO	F	39	01:58:23	01:56:50	INDIVIDUAL
72	2128	SÓNIA RIBEIRO	F	33	01:58:38	01:58:16	INDIVIDUAL
73	2118	Mª LURDES COELHO	F	34	01:58:54	01:58:33	INDIVIDUAL
74	163	DANIELA OLIVEIRA	F	26	01:58:57	01:57:43	OS FALTA D AR
75	203	SILVIA PERALTA	F	39	01:59:03	01:57:37	GAIA RUNNING
76	1162	DULCE ALMEIDA	F	28	01:59:09	01:57:52	DMPS
77	225	RAQUEL LIMA	F	21	01:59:46	01:58:05	INDIVIDUAL
78	2198	ISABEL FERREIRA	F	24	01:59:51	01:58:16	INDIVIDUAL
79	1028	SUSANA MONTEIRO	F	31	02:00:27	02:00:17	HP ARRÁBIDA
80	820	JOANA C REBELO	F	34	02:00:58	01:59:20	CP EDP - DELEGAÇÃO DE GAIA
81	1924	MÓNICA VILELA	F	36	02:01:04	02:00:44	INDIVIDUAL
82	1637	TELMA OLIVEIRA	F	21	02:01:11	01:59:40	INDIVIDUAL
83	1521	JOANA MOURA	F	24	02:01:12	01:59:41	INDIVIDUAL
84	2187	ELEONORA SOUSA	F	30	02:01:22	02:01:05	INDIVIDUAL
85	785	ANA S CLETO	F	27	02:01:23	02:01:07	USF CRUZ DE CELAS - COIMBRA
86	2222	BÁRBARA BALDAIA	F	38	02:01:32	02:01:01	TSF RUNNERS
87	1446	DANIELA FERREIRA	F	36	02:02:03	02:00:26	VAMOS CORRER EM ÍLHAVO
88	1642	AURORA MARQUES	F	38	02:02:18	02:00:42	RAINHA CLUB

89	765	CARLA A A OLIVEIRA	F	36	02:02:32	02:02:03	INDIVIDUAL
90	775	CIDÁLIA MARIA	F	36	02:02:58	02:01:49	LOUSADA RUNNERS
91	1748	SARA G S HENRIQUES	F	30	02:03:16	02:03:03	INDIVIDUAL
92	1977	ELSA M P P SILVA	F	39	02:03:30	02:03:03	TARTARUGAS DO ASFALTO
93	1078	CLAUDIA FIGUEIREDO	F	39	02:03:51	02:02:53	STREET RUNNERS
94	1769	SUSANA COSTA	F	39	02:04:27	02:03:08	INDIVIDUAL
95	423	INÊS MORGADO	F	37	02:04:27	02:03:08	INDIVIDUAL
96	1198	ANA NOVA	F	25	02:05:22	02:03:57	INDIVIDUAL
97	1398	SARA MAGALHÃES	F	37	02:05:29	02:04:02	PERNETAS
98	835	FATIMA COSTA	F	38	02:05:31	02:04:48	CALDAS S JORGE SC
99	1033	LILIA M R SILVA	F	34	02:05:34	02:05:34	GOLDEN SMILE
100	383	AURORA PIRES	F	38	02:05:41	02:04:05	SNT
101	1441	KÁTIA PEREIRA	F	38	02:05:52	02:04:26	PERNETAS
102	154	CARLA PEREIRA	F	36	02:06:06	02:04:28	AÇOREANA SEGUROS
103	1358	JOANA ALÇADA	F	37	02:06:50	02:05:44	SPRINTOLOS
104	1686	SÍLVIA CAETANO	F	36	02:07:52	02:06:54	MARRETAS
105	1327	SILVIA COUTO	F	28	02:09:34	02:08:26	RUNRUN
106	1428	DIANA R F MONTEIRO	F	33	02:09:50	02:08:07	INDIVIDUAL
107	1046	LILIANA PINTO	F	33	02:09:54	02:08:37	PERNETAS
108	1757	HELENA M C NEVES	F	36	02:10:02	02:08:41	INDIVIDUAL
109	1263	RAFAELA CUNHA	F	34	02:10:02	02:08:36	INDIVIDUAL
110	1967	SANDRA COSTA	F	22	02:10:06	02:09:27	SR CEPANENSE
111	1320	SOFIA AZANHA	F	31	02:10:08	02:09:10	RAINHA CLUB
112	354	SUSANA MAGALHÃES	F	32	02:10:18	02:08:37	MADE IN CRT
113	308	SANDRA COSTA	F	37	02:10:30	02:09:37	A VALE SILÊNCIO
114	1651	INÊS GONÇALVES	F	24	02:10:47	02:09:24	TUGAS NA ESTRADA
115	1789	EMÍLIA ALVIM	F	38	02:10:51	02:09:50	INVICTA RUNNERS TEAM
116	2188	IVONE SOUSA	F	39	02:12:05	02:11:05	INDIVIDUAL
117	1278	FILIPA COVAS	F	29	02:12:19	02:10:42	INDIVIDUAL
118	363	CATARINA S C JORGE	F	28	02:12:43	02:12:11	RCL
119	1312	LUÍSA CIRNE	F	34	02:13:08	02:12:06	INVICTA RUNNERS TEAM
120	164	SANDRA MAGOLO	F	31	02:13:36	02:12:20	OS FALTA D AR
121	1140	SILVIA CUNHA	F	39	02:14:07	02:12:27	INDIVIDUAL
122	1606	SÍLVIA R A MOREIRA	F	37	02:14:59	02:13:50	LOUSADA RUNNERS
123	165	CÁTIA FERNANDES	F	33	02:15:03	02:13:47	OS FALTA D AR
124	1714	ELISABETE S P M VALE	F	31	02:15:41	02:15:22	INDIVIDUAL
125	1866	CLAUDIA FERREIRA	F	27	02:15:56	02:14:21	RAINHA CLUB
126	1798	VERA NOGUEIRA	F	32	02:16:17	02:15:19	VERINHA MÁGICA
127	285	BERTA NUNES	F	39	02:17:20	02:16:20	NA CUCUJÃES
128	1282	SOLANGE M S NUNES	F	25	02:21:06	02:19:24	INDIVIDUAL
129	186	JOANA MARQUES	F	25	02:21:09	02:21:09	ELITE NM
130	1237	SARA MARTINS	F	37	02:23:09	02:21:34	RAINHA CLUB
131	1100	ANDREIA RIBEIRO	F	39	02:25:19	02:24:00	WELL RUNNER
132	1157	SÓNIA MADUREIRA	F	39	02:32:20	02:31:36	CP TELECOM ZONA NORTE
133	1670	ANDREA H F R AZEVEDO	F	38	02:34:49	02:33:09	INDIVIDUAL
134	774	Mª MIGUEL C SANTOS	F	38	02:42:58	02:41:20	INDIVIDUAL

F4099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	945	LIDIA PEREIRA	F	48	01:24:24	01:24:22	CP MANGUALDE
2	268	CARLA MACHADO	F	45	01:24:33	01:24:29	UD VÁRZEA
3	2084	HELENA LOBO	F	47	01:26:12	01:26:01	NA TAIPAS
4	2160	MADALENA SILVA	F	42	01:26:21	01:26:17	ACR CONDE
5	2038	INÊS L L SAPAGE	F	40	01:26:33	01:26:30	GAIA RUNNING
6	478	DULCINEA SILVA	F	43	01:28:40	01:28:26	OS CANSADOS
7	2203	ZELIA BORGES	F	41	01:31:25	01:31:21	MAIA AC/CRIOBABY
8	946	LURDES MONTEIRO	F	48	01:34:45	01:34:29	CP MANGUALDE
9	374	CRISTINA OLIVEIRA	F	45	01:35:52	01:34:11	INDIVIDUAL
10	1239	DULCE BASTOS	F	42	01:37:40	01:37:36	RAINHA CLUB
11	2204	SÓNIA MOTA	F	40	01:38:16	01:38:12	MAIA AC/CRIOBABY
12	1568	ANA CORREIA	F	41	01:38:18	01:38:02	INDIVIDUAL
13	1718	CLARA MEDEIROS	F	45	01:39:07	01:38:26	INDIVIDUAL
14	739	DANIELA SANCHES	F	42	01:41:03	01:39:49	UNIDOS À FRESCA
15	2112	ANGELINA PINHO	F	42	01:41:17	01:39:49	BUDEGUITAS RUNNERS
16	212	MARIA COSTA	F	53	01:41:30	01:41:24	SS CM OVAR
17	29	ELISABETE SILVA	F	50	01:41:52	01:41:47	AFIS/OVAR
18	2102	ROSA FERREIRA	F	48	01:43:42	01:43:34	NA TAIPAS
19	1843	ALICE COUTO	F	48	01:45:20	01:44:50	INDIVIDUAL
20	1810	JOAQUIM COSTA	F	47	01:45:39	01:45:03	AMARANTE RT
21	357	DONZILIA C SILVA	F	46	01:45:43	01:44:00	TERRORES DO ASFALTO
22	895	GILDA MOTA	F	47	01:46:14	01:45:21	GCADONAS
23	446	PAULA C F SILVA	F	45	01:46:22	01:44:47	INDIVIDUAL
24	712	CARLA RUBIO	F	53	01:47:03	01:46:19	ESPOSOS SILVA
25	1889	HELENA M S BARBOSA	F	40	01:47:08	01:46:49	INDIVIDUAL
26	199	ORLANDA REGO	F	44	01:47:29	01:46:06	GAIA RUNNING
27	735	LUÍSA ALMEIDA	F	50	01:47:44	01:47:18	TARTARUGAS DO ASFALTO
28	490	CARLA R M GUIMARÃES	F	42	01:48:17	01:47:51	TARTARUGAS DO ASFALTO
29	1129	DEOLINDA FARIA	F	43	01:49:29	01:49:03	RODA DOS VENTOS
30	191	ELISABETE REPAS	F	49	01:50:35	01:49:12	GAIA RUNNING
31	432	HELENA GOMES	F	42	01:51:22	01:50:10	CDCR CTT PORTO
32	1647	MANUELA SOUSA	F	44	01:51:48	01:50:39	LOUSADA RUNNERS
33	601	Mª JUDITE R MARTINS	F	43	01:52:09	01:51:28	ARCOZELO.ATLETAS
34	733	GLÓRIA MONTEIRO	F	41	01:52:21	01:51:52	TARTARUGAS DO ASFALTO
35	806	CLARA CERQUEIRA	F	46	01:52:27	01:52:07	AD AMARANTE
36	30	FATIMA ALEIXO	F	43	01:52:52	01:52:46	AFIS/OVAR
37	1989	CRISTINA SILVA	F	44	01:53:13	01:53:04	FIT4FUN
38	1893	FERNANDA PINHO	F	47	01:53:39	01:52:22	MOREIRA RELAX RUNNERS
39	675	CONCEIÇÃO FERREIRA	F	49	01:53:46	01:53:07	GINASIO FIT4FUN
40	1856	CRISTINA ALMEIDA	F	43	01:53:54	01:53:21	OS KAGADOS
41	859	FERNANDA PICOTEZ	F	45	01:54:36	01:53:16	INDIVIDUAL
42	105	MARIA MARINHO	F	50	01:55:11	01:54:16	ACR VALDÁGUA
43	825	GORETTI SILVA	F	51	01:55:13	01:54:29	CALDAS S JORGE SC
44	933	ANA M BARBOSA	F	55	01:55:15	01:54:57	INDIVIDUAL

45	673	MONICA MONTENEGRO	F	45	01:55:40	01:54:17	GINASIO FIT4FUN
46	2190	DANIELA PALHARES	F	43	01:56:04	01:55:07	INDIVIDUAL
47	196	LURDES DUARTE	F	50	01:57:19	01:55:51	GAIA RUNNING
48	1032	CARINA S PEREIRA	F	42	01:57:39	01:57:08	GOLDEN SMILE
49	1581	PAULA C OLIVEIRA	F	44	01:57:42	01:56:56	INDIVIDUAL
50	1567	Mª CRISTINA A SILVA	F	48	01:57:55	01:57:41	INDIVIDUAL
51	824	MARIA LEITE	F	41	01:58:03	01:57:16	CALDAS S JORGE SC
52	525	HELENA MOURÃO	F	55	01:58:12	01:57:58	GDC CASTELO PAIVA
53	437	ANABELA G SANTOS	F	43	01:58:14	01:57:29	GD LOUROCOOP
54	542	ROSA L SILVA	F	47	01:58:22	01:57:21	LIGEIRINHOS
55	1699	ANA C PISSARRA	F	43	01:58:52	01:58:13	INDIVIDUAL
56	1961	CRISTINA CUNHA	F	41	01:59:08	01:58:30	SR CEPANENSE
57	1090	Mª CÉU SOUSA	F	48	01:59:57	01:59:11	GRUPO AMIZADE
58	1444	ANA P PINTO	F	43	02:00:36	01:59:05	RUN TO BE ALIVE
59	1922	FILOMENA OLIVEIRA	F	51	02:00:53	01:59:43	INDIVIDUAL
60	1820	DULCE M BARROS	F	42	02:00:56	01:59:56	MAQMOTOR
61	1445	ISABEL RIBAU	F	41	02:01:54	02:00:17	VAMOS CORRER EM ÍLHAVO
62	1979	SANDRA GONÇALO	F	42	02:02:20	02:00:53	INDIVIDUAL
63	1609	MARGARIDA C REIS	F	47	02:02:24	02:01:01	TUGAS NA ESTRADA
64	438	Mª ALICE FERNANDES	F	63	02:02:32	02:01:46	GD LOUROCOOP
65	1679	ANA P CASTRO	F	46	02:02:51	02:01:53	CA LAMAS
66	505	GRAÇA LEITE	F	56	02:02:54	02:02:36	ACREFA
67	2027	ELISABETE MATOS	F	41	02:04:07	02:03:54	21 I WILL SURVIVE
68	431	ISABEL CARVALHO	F	43	02:05:36	02:04:26	CDCR CTT PORTO
69	1127	PAULA RODRIGUES	F	52	02:05:46	02:05:21	RODA DOS VENTOS
70	473	Mª LUZ OLIVENÇA	F	48	02:06:01	02:04:27	TROCÓPASSO
71	2061	ANABELA A BASTOS	F	43	02:07:21	02:06:01	CALDAS S JORGE SC
72	2063	Mª ISABEL C SILVA	F	54	02:08:34	02:07:14	CALDAS S JORGE SC
73	1555	CRISTINA DIAS	F	45	02:09:31	02:08:14	CTADTRILHOSDECINFAES
74	2030	Mª MARGARIDA A M CARVALHO	F	46	02:12:05	02:11:05	INDIVIDUAL
75	1360	PAULA REGALADO	F	47	02:12:42	02:11:37	SPRINTOLOS
76	543	DEOLINDA R SILVA	F	55	02:13:00	02:11:49	LIGEIRINHOS
77	378	PAULA TEIXEIRA	F	49	02:13:10	02:11:48	INDIVIDUAL
78	1865	GRAÇA RODRIGUES	F	46	02:13:42	02:12:09	RAINHA CLUB
79	1557	LUÍSA MOREIRA	F	58	02:14:00	02:12:43	INDIVIDUAL
80	2161	MARIA FERREIRA	F	53	02:14:28	02:13:41	INDIVIDUAL
81	1518	CRISTINA SILVA	F	45	02:14:48	02:13:32	PERNETAS
82	1366	Mª INÊS M GOMES	F	40	02:14:50	02:14:29	TONDELA RUNNERS
83	1158	CARLA NEVES	F	44	02:15:49	02:15:05	CP TELECOM ZONA NORTE
84	2210	PAULA RIBEIRO	F	44	02:16:09	02:15:55	A POVOA
85	1897	SUSANA S ROCHA	F	40	02:17:19	02:16:09	CIRAC
86	787	FÁTIMA GERALDES	F	46	02:21:02	02:19:38	TUGAS NA ESTRADA

M0039

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	291	RUI PINTO	M	23	01:04:14	01:04:14	SL BENFICA
2	2165	YOUSEF EL KHALAI	M	34	01:04:17	01:04:16	SL BENFICA

3	3	JOSÉ MOREIRA	M	35	01:04:19	01:04:18	SL BENFICA
4	2201	NUNO COSTA	M	28	01:05:27	01:05:26	MAIA AC/CRIOBABY
5	1474	RICARDO J H PEREIRA	M	25	01:05:58	01:05:58	JARDIM DA SERRA
6	177	NUNO LOPES	M	28	01:06:12	01:06:12	CA SEIA
7	17	VITOR OLIVEIRA	M	34	01:06:48	01:06:47	MAIA AC/CRIOBABY
8	1248	TIAGO SILVA	M	29	01:06:50	01:06:49	ADRAP
9	261	BRUNO SILVA	M	32	01:07:01	01:06:59	MAIA AC/CRIOBABY
10	271	MIGUEL BORGES	M	21	01:07:04	01:07:02	SL BENFICA
11	269	ANDRÉ PEREIRA	M	20	01:07:35	01:07:34	SL BENFICA
12	272	FERNANDO SERRÃO	M	22	01:07:51	01:07:49	MARATONA CP
13	1725	JOSÉ A F CARVALHO	M	38	01:08:02	01:08:01	CA MOGADOURO
14	11	RUI MUGA	M	31	01:08:15	01:08:14	CA MOGADOURO
15	980	LEONEL FERNANDES	M	28	01:08:20	01:08:19	CA OVAR
16	304	PEDRO CRUZ	M	33	01:08:54	01:08:52	GDJ CRUZ & IRMÃOS
17	257	HUGO SANTOS	M	25	01:09:02	01:09:01	ADS SJ SERRA
18	293	PEDRO PALMA	M	25	01:09:09	01:09:09	SL BENFICA
19	1932	ANTÓNIO P ROCHA	M	23	01:09:43	01:09:42	GIRASOL RC
20	1836	GONÇALO BORGES	M	31	01:09:44	01:09:44	ACR SRA DESTERRO
21	1423	ANDRÉ ANICETO	M	28	01:10:15	01:10:14	ACR VALE CAMBRA
22	1249	PAULO MACEDO	M	22	01:10:17	01:10:17	ADRAP
23	1726	CARLOS M T LOPES	M	34	01:10:26	01:10:23	CA MOGADOURO
24	2183	ROBERTO PRIOSTE	M	32	01:10:32	01:10:29	GD ESTREITO MADEIRA
25	178	PAULO MENDES	M	23	01:10:32	01:10:31	CA SEIA
26	1250	BRUNO MONIZ	M	24	01:10:34	01:10:33	ADRAP
27	179	LUIS MARTINS	M	22	01:11:10	01:11:09	CA SEIA
28	1980	GONÇALO JESUS	M	23	01:11:16	01:11:15	SPORTING CP
29	2037	RAFAEL OLIVEIRA	M	35	01:11:32	01:11:29	INDIVIDUAL
30	1419	FILIFE FERREIRA	M	26	01:12:14	01:12:11	ACR VALE CAMBRA
31	1919	BRUNO FERREIRA	M	30	01:12:20	01:12:17	GCR ALVARELHOS
32	1411	CARLOS MARTINS	M	33	01:12:31	01:12:28	CORRE CONOSCO FELGUEIRAS
33	13	HÉLDER SANTOS	M	32	01:12:38	01:12:36	MAIA AC/CRIOBABY
34	236	JOSÉ COSTA	M	24	01:12:39	01:12:38	CCR MACEDA
35	180	RUI COELHO	M	21	01:12:47	01:12:43	CA SEIA
36	2184	MANUEL FERNANDES	M	23	01:13:30	01:13:30	GD ESTREITO MADEIRA
37	1421	BRUNO FREITAS	M	34	01:13:31	01:13:29	ACR VALE CAMBRA
38	273	JORGE SANTA CRUZ	M	26	01:13:40	01:13:37	SC BRAGA
39	1420	TIAGO PINHO	M	27	01:13:43	01:13:41	ACR VALE CAMBRA
40	32	JANIK LIMA	M	32	01:13:44	01:13:44	AFIS/OVAR
41	1070	BRUNO VIEIRA	M	19	01:14:07	01:14:04	GDC CASTELO PAIVA
42	918	JOÃO SÁ	M	35	01:14:18	01:14:16	FOGAÇAS COM MALAPOS
43	79	PAULO PEREIRA	M	38	01:14:54	01:14:53	GDC GUILHOVAI
44	1461	FILIFE MARQUES	M	34	01:15:16	01:15:16	JOBRA A JOVENS BRANCA
45	963	ANGELO ARAÚJO	M	39	01:15:27	01:15:24	NA CUCUJÃES
46	231	AVELINO EUSÉBIO	M	24	01:16:53	01:16:52	ATLÉTICO DA PÓVOA
47	295	HELDER OLIVEIRA	M	37	01:16:56	01:16:53	DRAGÕES V VIZELA
48	976	HELDER PIRES	M	29	01:16:57	01:16:55	CA OVAR
49	2045	EDGAR G RESENDE	M	31	01:17:19	01:17:16	INDIVIDUAL

50	80	TIAGO MADUREIRA	M	25	01:17:28	01:17:25	GDC GUILHOVAI
51	1946	DAVID FERREIRA	M	33	01:17:41	01:17:38	DR MERINO CLINICA MÉDICA
52	81	ANTÓNIO CRISTOVÃO	M	35	01:17:50	01:17:46	GDC GUILHOVAI
53	2043	MIGUEL MAIA	M	35	01:17:56	01:17:53	CYCLONES SANITOP
54	282	SERGIO LOPES	M	36	01:18:29	01:18:28	ADERCUS
55	270	JOÃO CRUZ	M	21	01:18:30	01:18:28	SL BENFICA
56	1963	JOSÉ PEREIRA	M	38	01:18:34	01:18:29	SR CEPANENSE
57	2224	HUGO PINTO	M	31	01:18:38	01:18:36	RB RUNNING
58	950	RUI RODRIGUES	M	34	01:19:17	01:19:09	CP MANGUALDE
59	1003	RICARDO NEVES	M	26	01:19:44	01:19:20	GD AIRÃO CURVIA
60	677	RICARDO SOARES	M	36	01:19:46	01:19:38	PT RICARDO SOARES
61	956	LUIS SILVA	M	37	01:19:47	01:19:44	NA CUCUJÃES
62	1456	NUNO OLIVEIRA	M	32	01:19:55	01:19:52	CC S JOÃO MADEIRA
63	2176	RICARDO FERREIRA	M	38	01:19:58	01:19:51	ACR VALDÁGUA
64	1228	MARCO PAIVA	M	35	01:20:01	01:19:59	VILLA CESARI
65	1710	SERGIO TEIXEIRA	M	21	01:20:03	01:20:01	NA CUCUJÃES
66	1206	DIOGO NOGUEIRA	M	28	01:20:23	01:20:07	GJ PINHEIRO BEMPOSTA
67	977	HUGO GOMES	M	35	01:20:46	01:20:42	CA OVAR
68	572	NUNO DIAS	M	37	01:20:48	01:20:24	CA BARREIRA
69	120	SÉRGIO SANTOS	M	37	01:20:56	01:20:51	MF MARTINS
70	1468	NUNO GONÇALVES	M	32	01:21:03	01:20:52	JOBRA A JOVENS BRANCA
71	389	RENATO L R SOUSA	M	24	01:21:05	01:20:55	AD RIO LARGO C ESPINHO
72	1591	MARCO ANDRADE	M	39	01:21:07	01:21:01	CP MANGUALDE
73	82	JOSÉ ALVARADO	M	31	01:21:08	01:21:05	GDC GUILHOVAI
74	531	PAULO P SOUSA	M	38	01:21:19	01:20:36	GDC CASTELO PAIVA
75	1006	JORGE FERREIRA	M	39	01:21:24	01:21:00	GD AIRÃO CURVIA
76	2185	CLÁUDIO PRIOSTE	M	21	01:21:25	01:21:21	GD ESTREITO MADEIRA
77	456	FÁBIO PAIVA	M	28	01:21:36	01:21:31	VILLA CESARI
78	662	MARCELO P ARAÚJO	M	26	01:21:54	01:21:09	ADCCJ CLARKS
79	1152	ANTÓNIO C SILVA	M	35	01:21:58	01:21:52	NA CUCUJÃES
80	1150	VITOR SANTOS	M	38	01:21:59	01:21:52	NA CUCUJÃES
81	1056	RICARDO FERNANDES	M	29	01:22:20	01:22:04	GRECAS - VAGOS
82	683	FILIPE ALMEIDA	M	32	01:22:23	01:22:15	INDIVIDUAL
83	974	CARLOS SEQUEIRA	M	36	01:22:28	01:22:22	CA OVAR
84	2211	JOSÉ AMARAL	M	36	01:22:32	01:21:49	DINAMO C E
85	672	JOSÉ AFONSO	M	37	01:22:37	01:22:19	ADRULSM
86	2017	TIAGO LISBOA	M	35	01:22:49	01:22:42	GDR RETORTA
87	288	TELMO FERREIRA	M	33	01:22:53	01:22:46	VITALIS
88	113	IVO PEKO	M	29	01:22:53	01:22:49	MF MARTINS
89	350	FERNANDO OLIVEIRA	M	29	01:22:55	01:22:50	INDIVIDUAL
90	1297	PEDRO CARVALHO	M	38	01:22:57	01:22:49	CCD APDL
91	1930	RUI GOMES	M	39	01:23:10	01:22:27	CONÇALHO TEAM
92	1878	HUGO RAMALHO	M	37	01:23:10	01:22:57	ADERCUS
93	958	NUNO PINHO	M	37	01:23:11	01:23:11	NA CUCUJÃES
94	1002	CARLOS COELHO	M	35	01:23:34	01:23:27	CLAUDIA GOMES CABELEIREIRO
95	115	PEDRO SOUSA	M	30	01:23:57	01:23:45	MF MARTINS
96	999	TONI E B SOARES	M	32	01:24:01	01:23:55	INDIVIDUAL

97	1405	MARCO SOUSA	M	37	01:24:12	01:23:27	CD MOITENSE
98	1016	MÁRIO G P DIAS	M	39	01:24:15	01:23:57	INDIVIDUAL
99	1966	SÉRGIO FERNANDES	M	39	01:24:22	01:24:13	SR CEPANENSE
100	1997	SAMUEL J C TOMÁS	M	36	01:24:24	01:23:50	INDIVIDUAL
101	1132	PAULO PINHEIRO	M	30	01:24:51	01:24:27	INDIVIDUAL
102	1179	FILIFE LIMA	M	38	01:24:53	01:24:19	GD SANTANDER TOTTA
103	548	PEDRO SOUSA	M	22	01:24:57	01:24:22	INDIVIDUAL
104	1500	TIAGO H P FARIA	M	22	01:24:58	01:24:24	C SPIRIDON GAIA
105	214	MARCO COSTA	M	39	01:24:59	01:24:57	SS CM OVAR
106	213	JOSÉ PAULO COSTA	M	32	01:24:59	01:24:52	SS CM OVAR
107	197	NUNO PIRES	M	36	01:25:12	01:25:08	GAIA RUNNING
108	239	MIGUEL SOUSA	M	38	01:25:53	01:25:48	R/R ONLINE
109	1479	EDUARDO CARDOSO	M	23	01:25:54	01:25:19	CCD RIBEIRÃO
110	181	JOÃO REBELO	M	22	01:25:55	01:25:50	CA SEIA
111	2094	MARCO SILVA	M	29	01:25:58	01:25:50	NA TAIPAS
112	2080	PEDRO REGUEIRAS	M	37	01:25:58	01:25:48	NA TAIPAS
113	2090	RICARDO SALGADO	M	37	01:25:59	01:25:40	NA TAIPAS
114	1728	ANTONIO J FARIA	M	36	01:26:03	01:25:45	INDIVIDUAL
115	1332	CARLOS A F RIBEIRO	M	39	01:26:07	01:25:50	TONDELA RUNNERS
116	1232	HELDER ROCHA	M	38	01:26:08	01:25:48	100 KM BLOGUE
117	852	IVEN PINHO	M	31	01:26:12	01:26:05	CALDAS S JORGE SC
118	9	RICARDO RIBAS	M	38	01:26:21	01:26:20	SL BENFICA
119	1387	NUNO SILVA	M	38	01:26:36	01:26:36	CA LAMAS
120	1861	HUGO D F SILVA	M	38	01:26:41	01:26:25	TRAIL RUNNING C BTT SANGUEDO
121	1259	ÓSCAR MAXIMINO	M	38	01:27:04	01:25:45	DELTA TEAM
122	1027	PEDRO SILVA	M	29	01:27:05	01:26:56	HP ARRÁBIDA
123	491	PEDRO M A LOURENÇO	M	35	01:27:05	01:26:49	INDIVIDUAL
124	2192	NUNO FERNANDES	M	36	01:27:08	01:26:01	INDIVIDUAL
125	1355	PAULO FIGUEIREDO	M	39	01:27:10	01:27:01	SPRINTOLOS
126	1550	RUI F L SILVA	M	39	01:27:18	01:26:29	INDIVIDUAL
127	1923	RICARDO J L COELHO	M	31	01:27:29	01:27:12	BOSCH TERMOTECNOLOGIA
128	552	PAULO S R SILVA	M	39	01:27:32	01:27:20	INDIVIDUAL
129	1267	ANGELO CABRAL	M	39	01:27:33	01:27:01	AQS CONSULTORES SEGUROS LDA
130	2148	RUI SANTOS	M	34	01:27:35	01:26:54	DESP. ATLÉTICO DE RECARDÃES
131	1596	HÉLDER VIEIRA	M	39	01:27:37	01:27:19	VITÓRIA SPORT CLUBE
132	761	MÁRCIO LOUREIRO	M	36	01:27:39	01:27:25	SR JARDOEIRA
133	812	ANTÓNIO TRIGUEIRO	M	39	01:27:43	01:27:28	C BENFICA FIGUEIRA FOZ
134	771	OLIVÉRIO BAPTISTA	M	34	01:27:45	01:27:19	CENAP
135	1315	MANUEL J M SILVA	M	37	01:27:55	01:27:41	CF OLIVEIRA DOURO
136	926	VITOR FERREIRA	M	36	01:27:56	01:27:28	AZURARA TEAM
137	1459	BRUNO HENRIQUES	M	28	01:27:58	01:27:27	JOBRA A JOVENS BRANCA
138	1657	BRUNO PACHECO	M	31	01:27:59	01:27:11	LOUSADA RUNNERS
139	1469	TELMO MOREIRA	M	28	01:28:05	01:27:17	LOUSADA RUNNERS
140	1192	ZÉ RODRIGO	M	35	01:28:17	01:27:48	AD RIO LARGO C ESPINHO
141	2021	FLAVIO PASTOR	M	29	01:28:21	01:28:15	GDR RETORTA
142	1823	ESTÊVÃO GONÇALVES	M	38	01:28:23	01:27:49	SNEAKER POWER/APRT
143	1178	ADRIANO J B MACHADO	M	37	01:28:37	01:27:55	INDIVIDUAL

144	1817	MÁRIO MONTEIRO	M	38	01:28:42	01:28:22	CANSC
145	1513	ALEXANDRE MARQUES	M	21	01:28:54	01:28:06	INDIVIDUAL
146	206	ANTÓNIO TEIXEIRA	M	39	01:28:58	01:28:18	CA OVAR
147	1951	NUNO MACHADO	M	35	01:28:59	01:27:58	XAVIER OLIVEIRA POR JOANE
148	693	GABRIEL A DOLIVEIRA	M	35	01:29:00	01:28:34	GO
149	1684	PEDRO S MARTINS	M	24	01:29:04	01:28:40	INDIVIDUAL
150	799	BRUNO J M CORGA	M	29	01:29:07	01:28:40	INDIVIDUAL
151	897	FILIFE MARQUES	M	38	01:29:15	01:29:11	ECOMOBILE - ALUGUER AUTOMÓVEIS
152	1116	JOSÉ L F TAVARES	M	21	01:29:17	01:28:54	INTERCAIMABIKE/POLISPORT/LOJAS DA VISÃO
153	1335	PEDRO C TAVARES	M	39	01:29:18	01:29:01	TONDELA RUNNERS
154	1266	HELDER FERREIRA	M	36	01:29:26	01:28:52	AQS CONSULTORES SEGUROS LDA
155	593	HUGO FARDILHA	M	34	01:29:27	01:29:14	GRUPO AMIZADE
156	1334	JACINTO M R OLIVEIRA	M	35	01:29:28	01:28:52	INDIVIDUAL
157	904	IGOR S V PINHO	M	22	01:29:28	01:28:59	CC OVAR
158	1489	DAVID V MOÇO	M	23	01:29:28	01:28:58	CC OVAR
159	906	RICARDO RAMOS	M	22	01:29:28	01:28:58	CC OVAR
160	2050	MANUEL VÍTOR	M	29	01:29:29	01:29:16	INDIVIDUAL
161	1261	CLAUDIO ARAUJO	M	36	01:29:38	01:29:23	OS SANTA APOLONIA
162	1103	PAULO PINTO	M	39	01:29:39	01:28:43	INDIVIDUAL
163	1605	WILLIAMS RODRIGUEZ	M	36	01:29:47	01:29:32	STEP BY STEP TEAM
164	2159	ANDRE MOREIRA	M	28	01:29:47	01:29:16	ARCORUN
165	1638	MÁRIO M M SARAIVA	M	33	01:29:51	01:29:39	INDIVIDUAL
166	1813	JORGE OLIVEIRA	M	39	01:29:56	01:29:41	AD AMARANTE
167	934	XAVIER FERNANDES	M	37	01:29:58	01:29:47	PIOLHOS DE MADAIL
168	148	DANIEL DUARTE	M	32	01:30:00	01:28:30	OS RIBEIRINHOS
169	1483	JOSÉ SOARES	M	39	01:30:00	01:30:00	TOUTOU RUNNING
170	1628	BRUNO ESTEVES	M	33	01:30:09	01:29:54	INDIVIDUAL
171	2143	LUIS AZEVEDO	M	37	01:30:09	01:30:05	INDIVIDUAL
172	841	DOMINGOS GOMES	M	39	01:30:10	01:29:46	CALDAS S JORGE SC
173	117	JOAQUIM FERNANDES	M	37	01:30:13	01:29:52	MF MARTINS
174	951	VÍTOR COELHO	M	31	01:30:15	01:29:33	OS BANDIDOS
175	1118	FILIFE M F TAVARES	M	22	01:30:22	01:29:59	INTERCAIMABIKE/POLISPORT/LOJA DA VISÃO
176	62	JORGE ROCHA	M	39	01:30:22	01:29:25	BOAVISTA FC
177	975	CELSE LEITE	M	22	01:30:26	01:30:18	CA OVAR
178	877	LUIS CATARINO	M	36	01:30:31	01:30:01	OS ARRASTÕES
179	2115	MARCO F ILDEFONSO	M	36	01:30:34	01:30:19	INDIVIDUAL
180	2024	CLÁUDIO M R P FONSECA	M	39	01:30:36	01:29:25	INDIVIDUAL
181	207	RUI MARTINS	M	34	01:30:37	01:30:35	CA OVAR
182	657	ANTÓNIO MOREIRA	M	29	01:30:38	01:29:03	GDF CAMPANHÃ
183	981	MARCO SILVA	M	34	01:30:42	01:30:03	CA OVAR
184	496	FILIFE D VALENTE	M	31	01:30:42	01:29:57	INDIVIDUAL
185	1194	JOSÉ PEREIRA	M	35	01:30:48	01:30:38	AD RIO LARGO C ESPINHO
186	1673	HELDER BARROSO	M	29	01:30:59	01:30:59	BRAGUINHAS
187	1687	NELSON COSTA	M	31	01:31:11	01:31:07	CRISNEL KIDS
188	262	NUNO GONÇALVES	M	30	01:31:25	01:31:22	MAIA AC/CRIOBABY
189	1365	JOAO MARTINS	M	38	01:31:25	01:31:01	SHOTS INTERNATIONAL RUNNERS
190	2229	CARLOS PINTO	M	28	01:31:26	01:30:20	INDIVIDUAL

191	695	ISAÍAS B M SÁ	M	34	01:31:27	01:31:13	OS FUGITIVOS
192	709	JOÃO P FERNANDES	M	39	01:31:27	01:31:11	INDIVIDUAL
193	1325	DANIEL MONTEIRO	M	26	01:31:30	01:30:31	SC SALGUEIROS
194	1695	JOÃO ALVES	M	37	01:31:32	01:30:55	FIT4FUN
195	809	MIGUEL QUEIRÓS	M	37	01:31:36	01:31:20	AD AMARANTE
196	618	DUARTE G E SILVA	M	31	01:31:37	01:31:07	INDIVIDUAL
197	845	ANTONIO NEVES	M	36	01:31:52	01:31:28	CALDAS S JORGE SC
198	1391	RUI C M SILVA	M	33	01:32:06	01:31:56	INDIVIDUAL
199	2139	ANTÓNIO OLIVEIRA	M	38	01:32:07	01:31:39	MOSTEIRÔ FC
200	1791	NUNO ALMEIDA	M	35	01:32:18	01:32:05	INDIVIDUAL
201	1030	DANIEL G E SILVA	M	34	01:32:19	01:31:55	CC OVAR
202	2156	MIGUEL ALMEIDA	M	36	01:32:20	01:31:26	ACR CAMBRA
203	1004	ANGELO FERREIRA	M	37	01:32:25	01:32:03	GD AIRÃO CURVIA
204	455	ROBERTO MOREIRA	M	33	01:32:35	01:31:46	VILLA CESARI
205	1233	PEDRO HENRIQUES	M	31	01:32:39	01:32:16	RAINHA CLUB
206	1863	JOEL CARVALHO	M	30	01:32:50	01:31:24	INDIVIDUAL
207	1781	PAULO ANTUNES	M	37	01:32:54	01:32:49	OS KAGADOS
208	1276	DANIEL FERREIRA	M	33	01:33:00	01:32:27	INDIVIDUAL
209	333	ANDRÉ ROCHA	M	34	01:33:00	01:32:25	INDIVIDUAL
210	2029	HERNANI FURTADO	M	36	01:33:03	01:31:57	INDIVIDUAL
211	836	VITOR MARQUES	M	39	01:33:09	01:32:42	CALDAS S JORGE SC
212	1643	ANDRE SANTOS	M	29	01:33:09	01:32:27	RAINHA CLUB
213	969	PEDRO PAIVA	M	36	01:33:23	01:32:41	NA CUCUJÃES
214	169	CARLOS FERREIRA	M	20	01:33:28	01:32:13	OS FALTA D AR
215	1877	FRANCISCO GAMELAS	M	20	01:33:33	01:32:35	ADERCUS
216	1668	PEDRO FREITAS	M	36	01:33:35	01:32:16	INDIVIDUAL
217	648	MARCO J F FONTES	M	35	01:33:36	01:32:06	FONTES & FONTES
218	336	BRUNO SÁ	M	28	01:33:46	01:33:10	PROLEITE
219	1705	MICHAEL ANDRADE	M	29	01:33:54	01:32:42	ROTA DA ROLHA BTT
220	2010	DAVID CAMELO	M	34	01:33:59	01:33:15	INDIVIDUAL
221	2186	DAVIDE SILVA	M	25	01:34:00	01:33:55	GD ESTREITO MADEIRA
222	405	NUNO RAPOZEL	M	36	01:34:04	01:33:13	INDIVIDUAL
223	2011	CELSO SANTOS	M	37	01:34:04	01:33:32	ENGOMADORIA L&A TEAM
224	2052	RUI P R DUARTE	M	37	01:34:08	01:33:56	INDIVIDUAL
225	340	JOSÉ PINTO	M	34	01:34:15	01:33:15	GANGUE DAS MAÇÃS
226	1540	LUÍS CARDOSO	M	38	01:34:17	01:34:10	INDIVIDUAL
227	1488	RICARDO MONTEIRO	M	39	01:34:19	01:33:38	C VETERANOS LIS
228	1021	JOSE COSTA	M	34	01:34:19	01:34:15	LOUSADA RUNNERS
229	1611	SÉRGIO R P PAIVA	M	28	01:34:21	01:34:00	100 NOME
230	554	VASCO RICARDO	M	34	01:34:25	01:33:38	INDIVIDUAL
231	606	FILIFE COSTA	M	38	01:34:27	01:34:11	MOUTADOS TEAM
232	1051	FILIFE NASCIMENTO	M	38	01:34:30	01:34:09	COMPANHIA BAZOFIAS
233	700	PEDRO M C SIMÕES	M	34	01:34:34	01:34:03	INDIVIDUAL
234	345	LUÍS CARVALHO	M	34	01:34:37	01:34:20	LOUSADA RUNNERS
235	451	RUI MIGUEL	M	29	01:34:37	01:34:27	OS AMIGOS GRIJÓ
236	1185	CARLOS COELHO	M	39	01:34:42	01:34:14	AD RIO LARGO C ESPINHO
237	609	HÉLIO MACHADO	M	32	01:34:43	01:34:22	MOUTADOS TEAM

238	2025	CARLOS M B OLIVEIRA	M	37	01:34:43	01:33:44	NAVR
239	459	PEDRO F ALVES	M	39	01:34:45	01:33:46	INDIVIDUAL
240	1207	BRUNO SANTIAGO	M	30	01:34:45	01:34:06	GJ PINHEIRO BEMPOSTA
241	970	TIAGO FERREIRA	M	24	01:34:52	01:34:11	NA CUCUJÃES
242	751	NUNO REIS	M	37	01:34:54	01:33:47	BTTRAIN - C FERROV COIMBRA
243	1219	CESAR ALMEIDA	M	31	01:35:12	01:34:18	GJ PINHEIRO BEMPOSTA
244	1216	CARLOS SANTOS	M	39	01:35:12	01:34:17	GJ PINHEIRO BEMPOSTA
245	1199	LUIS F V L GASPAR	M	29	01:35:15	01:33:43	INDIVIDUAL
246	1156	PEDRO MACHETE	M	39	01:35:19	01:34:45	CP TELECOM ZONA NORTE
247	884	IVO SOUSA	M	35	01:35:24	01:34:44	CICLISTAS CÓSMICOS - GISLOTICA
248	1359	JOSÉ PEREIRA	M	33	01:35:37	01:34:33	SPRINTOLOS
249	654	FILIFE CARVALHO	M	36	01:35:37	01:34:01	GDF CAMPANHÃ
250	839	VITOR MOREIRA	M	37	01:35:39	01:35:10	CALDAS S JORGE SC
251	556	CLEMENTE J SANTOS	M	37	01:35:42	01:35:08	JET EVENTOS
252	1990	MARCO GOMES	M	39	01:35:51	01:35:10	INDIVIDUAL
253	746	ELISIO J F AZEVEDO	M	35	01:36:02	01:34:47	INDIVIDUAL
254	862	OSCAR E TORRES	M	27	01:36:04	01:35:39	CALDAS S JORGE SC
255	220	FRANCISCO CALDAS	M	35	01:36:10	01:34:43	INDIVIDUAL
256	2175	JOÃO NASCIMENTO	M	39	01:36:10	01:34:43	INDIVIDUAL
257	668	JORGE MOREIRA	M	39	01:36:11	01:35:22	ADRULSM
258	447	JOÃO GASPAR	M	37	01:36:13	01:34:42	LOBA.CX
259	335	JOSÉ M VILELA	M	35	01:36:14	01:35:35	PROLEITE
260	1763	MARIO OLIVEIRA	M	36	01:36:22	01:36:05	GD LEOES VENEZA
261	588	RICARDO S RESENDE	M	29	01:36:28	01:35:53	JET EVENTOS
262	246	JORGE DIAS	M	30	01:36:28	01:36:06	R/R ONLINE
263	1885	PEDRO MOTA	M	33	01:36:33	01:35:36	INDIVIDUAL
264	476	PEDRO DUARTE	M	39	01:36:38	01:35:04	ORALKLASS-ALIANÇA-AMIGOS TRAIL
265	943	CARLOS E C C MARTINS	M	35	01:36:41	01:35:08	GINASIO FIT4FUN
266	404	BRUNO ARTEIRO	M	35	01:36:41	01:35:49	INDIVIDUAL
267	1805	PEDRO N O NOVAIS	M	32	01:36:49	01:36:22	INDIVIDUAL
268	132	NUNO FIGUEIREDO	M	30	01:37:02	01:36:31	FERREIROLUX
269	952	FÁBIO PINHO	M	28	01:37:03	01:36:21	OS BANDIDOS
270	129	SIMÃO COUTO	M	37	01:37:08	01:36:37	FERREIROLUX
271	607	JESUS CAMPOS	M	34	01:37:10	01:36:54	MOUTADOS TEAM
272	847	RICARDO FERRAO	M	36	01:37:17	01:36:23	CALDAS S JORGE SC
273	1226	ELISEU C S ROCHA	M	31	01:37:24	01:36:39	INDIVIDUAL
274	426	TIAGO PAIS	M	31	01:37:35	01:35:59	LEÕES DA AGRA
275	740	MANUEL MUXAGATO	M	38	01:37:37	01:36:06	INDIVIDUAL
276	1702	CRISTIANO SILVA	M	31	01:37:41	01:36:57	ASPHALT ASSAULT TEAM
277	745	FILIFE J P COELHO	M	33	01:37:52	01:36:36	INDIVIDUAL
278	742	JOAO SILVA	M	34	01:37:55	01:37:23	INDIVIDUAL
279	331	ANTONIO FERREIRA	M	34	01:38:02	01:36:31	INDIVIDUAL
280	1351	HELDER PEREIRA	M	31	01:38:04	01:37:17	INDIVIDUAL
281	1508	FILIFE CARNEIRO	M	25	01:38:08	01:37:24	ASPHALT ASSAULT TEAM
282	1713	MIGUEL F S SANTOS	M	39	01:38:10	01:37:34	INDIVIDUAL
283	1235	CIPRIANO MOREIRA	M	39	01:38:13	01:37:50	RAINHA CLUB
284	1815	JORGE BASTOS	M	38	01:38:15	01:36:56	INDIVIDUAL

285	1552	CARLOS NEVES	M	37	01:38:17	01:37:17	INVICTA RUNNERS TEAM
286	732	EMANUEL RODRIGUES	M	26	01:38:23	01:37:43	BARC
287	1279	LUIS ALMEIDA	M	29	01:38:26	01:38:13	CD FEIRENSE
288	875	RAUL P FERREIRA	M	33	01:38:36	01:37:28	PINTO FERREIRA
289	684	RICARDO SILVA	M	32	01:38:48	01:38:23	BOSCH TERMOTECNOLOGIA
290	1592	LEANDRO COSTA	M	35	01:38:54	01:38:47	INDIVIDUAL
291	1834	NUNO F C FIGUEIRINHAS	M	39	01:39:03	01:38:04	INDIVIDUAL
292	598	BRUNO NEVES	M	33	01:39:05	01:38:01	INVICTA RUNNERS TEAM
293	1750	CARLOS FERNANDES	M	33	01:39:11	01:38:56	INDIVIDUAL
294	2113	SERGIO SILVA	M	27	01:39:17	01:38:51	INDIVIDUAL
295	2054	ANDRÉ M FREITAS	M	30	01:39:17	01:38:05	INDIVIDUAL
296	500	RUI F F VASCONCELOS	M	32	01:39:21	01:38:08	EU GINÁSIO LMA
297	1220	PAULO LIMA	M	39	01:39:24	01:38:51	INDIVIDUAL
298	794	PEDRO N D OLIVEIRA	M	33	01:39:24	01:38:17	INDIVIDUAL
299	1806	HÉLDER F S VALENTE	M	31	01:39:27	01:38:20	INDIVIDUAL
300	991	RUI ALVES	M	22	01:39:30	01:38:39	GD S PAIO OLEIROS
301	874	RUI P FERREIRA	M	34	01:39:34	01:38:26	PINTO FERREIRA
302	332	EMANUEL SANTOS	M	37	01:39:39	01:38:07	INDIVIDUAL
303	653	BRUNO LOPES	M	32	01:39:46	01:39:18	GDF CAMPANHÃ
304	1569	JORGE TEIXEIRA	M	39	01:39:48	01:39:48	AD AMARANTE
305	2114	ANDRÉ CUNHA	M	38	01:39:51	01:38:41	I-RUN
306	311	TIAGO J C BORGES	M	33	01:39:59	01:38:40	INDIVIDUAL
307	2036	NOEL VALADÃO	M	37	01:40:00	01:39:03	ADM ORI-MONDEGO
308	1879	MIGUEL ANDRADE	M	33	01:40:01	01:39:14	ARCORUN
309	905	PEDRO COSTA	M	22	01:40:02	01:39:32	CC OVAR
310	885	SÉRGIO REGO	M	37	01:40:16	01:39:35	CICLISTAS CÔSMICOS - GISLOTICA
311	142	CLEMENTE PINTO	M	36	01:40:19	01:39:42	OS RIBEIRINHOS
312	1671	PEDRO M R SILVA	M	31	01:40:25	01:38:58	JESUS RUNNERS
313	921	HENRIQUE PORTELA	M	26	01:40:29	01:39:34	FOGAÇAS COM MALAPOS
314	667	TIAGO MARTINS	M	30	01:40:29	01:40:15	ADRULSM
315	284	HUGO TEIXEIRA	M	39	01:40:33	01:39:34	NA CUCUJÃES
316	2041	RUI PEREIRA	M	32	01:40:36	01:39:37	INVICTA RUNNERS TEAM
317	2032	JOSE L S CARDOSO	M	39	01:40:38	01:40:00	GONDOMAR FC
318	1296	SERGIO FERREIRA	M	32	01:40:40	01:39:58	CCD APDL
319	1935	JOÃO P C OLIVEIRA	M	29	01:40:45	01:39:57	INDIVIDUAL
320	890	PEDRO MAGALHÃES	M	37	01:40:45	01:40:23	TARTARUGAS DO ASFALTO
321	663	PAULO OSORIO	M	39	01:40:47	01:39:35	UNIDOS À FRESCA
322	1958	JOÃO CASTRO	M	32	01:40:48	01:40:08	SR CEPANENSE
323	1626	ALEXANDRE M FERREIRA	M	35	01:40:51	01:39:45	AA SÃO MAMEDE
324	623	BRUNO FREITAS	M	33	01:41:02	01:40:28	DIVISÃO ELITE
325	1880	DANIEL COSTA	M	34	01:41:06	01:40:02	INDIVIDUAL
326	468	NUNO M P SILVA	M	37	01:41:06	01:40:44	INDIVIDUAL
327	553	ANDRÉ MENDONÇA	M	32	01:41:07	01:40:54	INDIVIDUAL
328	440	PEDRO F C PINHO	M	38	01:41:07	01:40:02	PUPILOS DO ZÉ TÓ
329	925	PEDRO M S PEREIRA	M	36	01:41:09	01:40:22	FOGAÇAS COM MALAPOS
330	1685	MARCO CARVALHO	M	38	01:41:14	01:40:15	MARRETAS
331	1344	PAULO R S TEIXEIRA	M	36	01:41:17	01:40:41	INDIVIDUAL

332	1253	HUGO OLIVEIRA	M	35	01:41:31	01:40:06	PINDÉRICUS & OUTROS
333	1999	VASCO F MENDES	M	20	01:41:38	01:40:17	INDIVIDUAL
334	1788	JOÃO D M ARAÚJO	M	33	01:41:44	01:41:10	INDIVIDUAL
335	1931	NUNO TEIXEIRA	M	36	01:41:48	01:40:44	INVICTA RUNNERS TEAM
336	1696	JOÃO P V TERESO	M	35	01:41:50	01:41:25	TARTARUGAS DO ASFALTO
337	1704	MIGUEL ALVES	M	39	01:41:53	01:41:19	INDIVIDUAL
338	359	EDMUNDO C RILHO	M	36	01:41:56	01:41:22	INDIVIDUAL
339	243	TIAGO PEIXE	M	36	01:41:58	01:41:52	R/R ONLINE
340	1203	JORGE F P FERNANDES	M	28	01:41:59	01:40:27	INDIVIDUAL
341	1048	JOSE M A PEREIRA	M	38	01:42:00	01:41:05	2SLOW2RUN
342	702	CARLOS MARTINS	M	37	01:42:05	01:40:53	GD LEOES VENEZA
343	783	PEDRO T F S B LOPES	M	31	01:42:06	01:41:50	USF CRUZ DE CELAS - COIMBRA
344	1571	NUNO MAIA	M	31	01:42:09	01:40:53	BOAVISTA FC
345	763	FILIPE PEREIRA	M	37	01:42:11	01:41:42	CC OVAR
346	1205	ANTONIO MARTINS	M	28	01:42:18	01:41:40	GJ PINHEIRO BEMPOSTA
347	1896	FERNANDO A CRUZ	M	37	01:42:19	01:41:09	CIRAC
348	2195	NUNO SANTOS	M	37	01:42:27	01:41:29	INDIVIDUAL
349	1091	ANDRÉ M M COSTA	M	37	01:42:28	01:40:56	INDIVIDUAL
350	1768	FILIPE SILVA	M	38	01:42:42	01:41:46	2SLOW2RUN
351	2051	PAULO R S OLIVEIRA	M	33	01:42:44	01:41:47	INDIVIDUAL
352	682	RENATO C RIBEIRO	M	38	01:42:44	01:41:41	INDIVIDUAL
353	670	PEDRO FERNANDES	M	33	01:42:58	01:42:06	ADRULSM
354	645	JOAO ROCHA	M	22	01:42:59	01:41:32	C VETERANOS PORTO
355	773	RUI M S CASTANHEIRA	M	38	01:43:00	01:41:40	INDIVIDUAL
356	1402	MUIGUEL CUSTODIO	M	37	01:43:13	01:42:27	CD MOITENSE
357	205	MARCIO QUINTAS	M	32	01:43:20	01:42:14	CA OVAR
358	888	BRUNO SALGADO	M	34	01:43:31	01:42:35	2SLOW2RUN
359	2199	JOSÉ SANTOS	M	35	01:43:32	01:43:10	INDIVIDUAL
360	1052	ARTUR COSTA	M	38	01:43:34	01:43:14	COMPANHIA BAZOFIAS
361	2066	IVO SANTOS	M	30	01:43:37	01:42:19	INDIVIDUAL
362	1346	JOÃO COSTA	M	28	01:43:43	01:42:52	RUNNERS MONTE AVENTINO
363	1244	HUGO COSTA	M	25	01:43:46	01:43:23	RAINHA CLUB
364	1570	SERGIO GUIMBRA	M	37	01:43:49	01:42:30	INDIVIDUAL
365	460	RUI PEDRO	M	38	01:43:50	01:42:56	INDIVIDUAL
366	1099	RUI COSTA PINTO	M	35	01:43:52	01:43:30	INDIVIDUAL
367	988	CARLOS QUEIRÓS	M	26	01:43:53	01:43:25	AD AMARANTE
368	27	EDUARDO OLIVEIRA	M	39	01:43:55	01:43:55	AFIS/OVAR
369	2158	ANTONIO MAGALHAES	M	32	01:43:56	01:43:30	ARCORUN
370	737	LUIS RAMOS	M	35	01:43:58	01:43:28	INDIVIDUAL
371	2130	BRUNO PEREIRA	M	29	01:44:06	01:41:57	INDIVIDUAL
372	1615	JOSE P NETO	M	36	01:44:15	01:42:42	ORALKLASS-ALIANÇA-AMIGOS TRAIL
373	2153	PEDRO PEREIRA	M	35	01:44:21	01:43:22	NAVR
374	1227	ANDRÉ BARBOSA	M	34	01:44:24	01:43:34	GDC CASTELO PAIVA
375	1086	RAFAEL J F G SILVA	M	32	01:44:37	01:44:14	INDIVIDUAL
376	372	CARLOS OLIVEIRA	M	31	01:44:47	01:43:16	INDIVIDUAL
377	1832	JOSÉ ANDRADE	M	35	01:44:49	01:44:21	NASCIDOS PARA CORRER
378	1247	SÉRGIO A BASTOS	M	39	01:44:51	01:43:40	NEIVA RUNNERS

379	99	PEDRO OLIVEIRA	M	36	01:44:52	01:44:31	CLUBE MILLENNIUM BCP
380	772	FRANCISCO ARAGÃO	M	32	01:44:53	01:43:22	EU GINÁSIO LMA
381	44	LUÍS SILVA	M	36	01:44:54	01:43:30	AFIS/OVAR
382	567	MÁRIO NOVO	M	32	01:45:09	01:43:56	TIKI-TAKA RUNNERS
383	731	PAULO ABRANTES	M	26	01:45:21	01:44:43	BARC
384	1339	NUNO M O MARQUES	M	39	01:45:28	01:44:34	OS ARRASTÕES
385	391	CARLOS MARQUES	M	37	01:45:29	01:44:48	INDIVIDUAL
386	1597	BRUNO J A COSTA	M	37	01:45:33	01:45:33	INDIVIDUAL
387	898	CARLOS MARINHEIRO	M	35	01:45:40	01:44:12	ECOMOBILE - ALUGUER AUTOMÓVEIS
388	1564	VITOR M C SILVA	M	37	01:45:43	01:44:52	INDIVIDUAL
389	826	ALEXANDRE TAVARES	M	30	01:45:45	01:44:57	CALDAS S JORGE SC
390	302	LEANDRO RAMOS	M	39	01:45:45	01:45:31	LUSOS XXI
391	1968	LUÍS A G GARCIA	M	32	01:45:47	01:43:20	INDIVIDUAL
392	1939	HÉLDER PAIVA	M	36	01:46:02	01:45:43	INDIVIDUAL
393	562	RUI COSTA	M	31	01:46:04	01:44:51	TIKI-TAKA RUNNERS
394	1920	GONÇALO COSTEIRA	M	39	01:46:05	01:45:40	TARTARUGAS DO ASFALTO
395	2135	NELSON SANTOS	M	27	01:46:06	01:45:39	INDIVIDUAL
396	1928	SILVIO F F PINTO	M	34	01:46:07	01:45:47	MOURE RUN TIME
397	1101	JÚLIO C PINTO	M	36	01:46:13	01:45:36	YES WE KENYA
398	343	JOAO CACHEIRA	M	36	01:46:16	01:44:56	INDIVIDUAL
399	2171	JOÃO MOUTINHO	M	28	01:46:16	01:45:20	INDIVIDUAL
400	1155	PEDRO EZEQUIEL	M	37	01:46:20	01:45:50	ACHP
401	1242	FILIPE CUNHA	M	37	01:46:23	01:45:58	RAINHA CLUB
402	1663	MARCO LIPPERT	M	39	01:46:34	01:45:41	ALL ABOUT
403	1978	PEDRO LOBO	M	34	01:46:34	01:46:20	INDIVIDUAL
404	1274	CARLOS M M GOMES	M	39	01:46:35	01:45:01	AQS CONSULTORES SEGUROS LDA
405	1115	ARTUR FERREIRA	M	39	01:46:39	01:45:25	UNIDOS À FRESCA
406	286	SIMAO FELIX	M	38	01:46:40	01:46:34	R/R ONLINE
407	1957	SÉRGIO MENDES	M	37	01:46:41	01:46:41	SR CEPANENSE
408	1936	JOSÉ E C LOPES	M	31	01:46:42	01:46:01	INDIVIDUAL
409	1357	MÁRCIO OLIVEIRA	M	35	01:46:45	01:45:38	SPRINTOLOS
410	932	NUNO DOMINGUES	M	39	01:46:46	01:45:43	INDIVIDUAL
411	143	ARMANDO BARROSO	M	36	01:46:47	01:46:12	OS RIBEIRINHOS
412	1650	PAULO TEIXEIRA	M	37	01:46:50	01:45:52	BOAVISTA FC
413	1689	RUI VALENTE	M	36	01:47:01	01:45:20	SOMOS PORTO
414	1690	MARCIO PEREIRA	M	35	01:47:07	01:45:25	SOMOS PORTO
415	1408	JOÃO P FONSECA	M	35	01:47:10	01:46:17	OS AMIGOS S PEDRO COVA
416	1135	JOSÉ TEIXEIRA	M	35	01:47:15	01:46:43	INDIVIDUAL
417	909	FILIPE S COELHO	M	35	01:47:19	01:46:24	FOGAÇAS COM MALAPOS
418	916	HUGO R LIMA	M	35	01:47:21	01:46:34	FOGAÇAS COM MALAPOS
419	1349	PAULO C MARTINS	M	35	01:47:21	01:46:53	INDIVIDUAL
420	1758	DAVID TEIXEIRA	M	37	01:47:22	01:46:31	INDIVIDUAL
421	1587	RICARDO MEIRA	M	39	01:47:31	01:46:23	OS SANTA APOLONIA
422	1383	JOSÉ COELHO	M	36	01:47:35	01:46:30	CA LAMAS
423	617	FRANCISCO MORAIS	M	38	01:47:36	01:46:26	BEAT-LOJA DESPORTO
424	1385	JOSÉ MOREIRA	M	37	01:47:37	01:46:32	CA LAMAS
425	924	RAUL X PEREIRA	M	34	01:47:41	01:46:44	FOGAÇAS COM MALAPOS

426	715	DIOGO ANDRADE	M	29	01:47:41	01:46:05	INDIVIDUAL
427	551	LUCIANO FREITAS	M	36	01:47:57	01:47:08	INDIVIDUAL
428	20	RUI OLIVEIRA	M	20	01:47:57	01:46:34	INDIVIDUAL
429	914	VITOR COSTA	M	35	01:48:00	01:47:04	FOGAÇAS COM MALAPOS
430	564	DAVID FRAGOSO	M	31	01:48:10	01:46:57	TIKI-TAKA RUNNERS
431	1294	JOÃO PINTO	M	26	01:48:15	01:47:28	INDIVIDUAL
432	2000	PEDRO T P LEITE	M	28	01:48:19	01:47:56	INDIVIDUAL
433	688	ANDRÉ M LEITE	M	28	01:48:24	01:46:53	INDIVIDUAL
434	159	RUI PINTO	M	38	01:48:26	01:48:10	OS FALTA D AR
435	1364	IVO LOPES	M	29	01:48:29	01:48:02	SHOTS INTERNATIONAL RUNNERS
436	1517	TIAGO M OLIVEIRA	M	33	01:48:36	01:47:03	AQS CONSULTORES SEGUROS LDA
437	919	ANDRÉ CASTRO	M	34	01:48:48	01:47:52	FOGAÇAS COM MALAPOS
438	1803	PEDRO MATOS	M	35	01:48:52	01:47:37	PORTO RUNNERS
439	1018	LUÍS CARVALHO	M	36	01:48:54	01:48:48	ISARUNNERS
440	1706	RUI LEITE	M	28	01:48:59	01:47:30	INDIVIDUAL
441	1630	RUI M S PEREIRA	M	35	01:49:02	01:47:35	INDIVIDUAL
442	320	ANDRÉ SAMPAIO	M	27	01:49:08	01:48:06	INDIVIDUAL
443	1577	JOSÉ G D VIANA	M	32	01:49:11	01:48:06	INDIVIDUAL
444	1983	JORGE NOGUEIRA	M	28	01:49:12	01:48:39	CANSC
445	420	MARCELO MOTA	M	35	01:49:22	01:48:57	INDIVIDUAL
446	1223	JOÃO BALDAIA	M	27	01:49:31	01:48:00	BALDAIA
447	1280	RICARDO J G RESSURREIÇÃO	M	32	01:49:31	01:49:06	INDIVIDUAL
448	595	ANDRÉ COIMBRA	M	24	01:49:34	01:48:09	HM TRAINING GROUP
449	1495	ALBERTO RODRIGUES	M	32	01:49:35	01:48:59	CD FEIRENSE
450	1333	PEDRO M MARTINS	M	22	01:49:37	01:49:08	CC OVAR
451	97	DAVID TOMÉ	M	35	01:49:45	01:48:22	CLUBE MILLENNIUM BCP
452	166	TIAGO CAMBOA	M	33	01:49:56	01:49:41	OS FALTA D AR
453	1208	RUI MARTINS	M	32	01:50:00	01:49:48	GJ PINHEIRO BEMPOSTA
454	238	GUSTAVO AZEVEDO	M	37	01:50:08	01:48:58	R/R ONLINE
455	1981	JOSÉ LOUREIRO	M	39	01:50:08	01:49:41	AD QUINTA - ATLETISMO
456	2034	TIAGO CUNHA	M	25	01:50:13	01:48:10	INDIVIDUAL
457	1176	JOSÉ L A JESUS	M	39	01:50:29	01:49:01	GINASIO FIT4FUN
458	1822	FILIFE R S CUNHA	M	35	01:50:45	01:50:12	INDIVIDUAL
459	2150	JOÃO MALTA	M	33	01:50:53	01:49:32	CAVALOS CANSADOS
460	472	DANIEL PINTO	M	28	01:50:57	01:49:21	TROCÓPASSO
461	346	FILIFE PACHECO	M	38	01:50:57	01:49:30	GD EPVS
462	338	PEDRO PAIXÃO	M	37	01:51:09	01:50:06	GANGUE DAS MAÇÃS
463	590	ALBERTO R F LUCAS	M	31	01:51:10	01:49:47	FALTA MUITO
464	267	JORGÉ CORREIA	M	38	01:51:12	01:49:56	MAIA AC/CRIOBABY
465	1599	LUÍS M D S AFONSO	M	30	01:51:13	01:49:45	INDIVIDUAL
466	2227	LUIS PEREIRA	M	39	01:51:22	01:51:15	WISEU 2001
467	2144	MIGUEL OLIVEIRA	M	37	01:51:26	01:50:44	DESP. ATLÉTICO DE RECARDÃES
468	2004	EURICO MATEUS	M	31	01:51:31	01:50:36	INDIVIDUAL
469	1268	MIGUEL TEIXEIRA	M	38	01:51:33	01:51:00	AQS CONSULTORES SEGUROS LDA
470	1074	TIAGO OLIVEIRA	M	33	01:51:42	01:50:25	DOURO RUNNERS
471	1716	PAULO OLIVEIRA	M	39	01:51:56	01:50:26	INDIVIDUAL
472	1755	FILIFE D R OLIVEIRA	M	21	01:52:03	01:50:34	INDIVIDUAL

473	2005	JOSÉ M P SOUSA	M	38	01:52:06	01:50:43	HM TRAINING GROUP
474	1835	FILIFE PEREIRA	M	32	01:52:09	01:50:52	INDIVIDUAL
475	766	LEONARDO C OLIVEIRA	M	37	01:52:17	01:50:38	ML MIX RUN
476	535	FREDERICO ROCHA	M	33	01:52:22	01:51:54	ALL ABOUT
477	1762	GONÇALO OLIVEIRA	M	37	01:52:31	01:51:02	VILAR RT
478	666	VALTER SANTOS	M	36	01:52:33	01:52:20	ADRULSM
479	1971	JOSE QUINTAS	M	32	01:52:52	01:52:29	INDIVIDUAL
480	1549	ALEXANDRE FERREIRA	M	39	01:52:53	01:52:39	INDIVIDUAL
481	1593	CARLOS PEREIRA	M	32	01:53:03	01:52:40	INDIVIDUAL
482	501	HUGO A V F COUTO	M	33	01:53:06	01:51:30	TROCÓPASSO
483	1363	PAULO DOMINGUES	M	36	01:53:08	01:52:41	SHOTS INTERNATIONAL RUNNERS
484	1864	RUI F OLIVEIRA	M	33	01:53:25	01:52:21	INDIVIDUAL
485	475	FILIFE FONSECA	M	26	01:53:47	01:52:45	INDIVIDUAL
486	1594	LEONEL SILVA	M	35	01:53:48	01:52:09	INDIVIDUAL
487	1974	SÉRGIO RODRIGUES	M	35	01:53:50	01:53:26	INDIVIDUAL
488	1432	ALEXANDRE B A LEITE	M	26	01:53:51	01:53:51	INDIVIDUAL
489	804	RICARDO OLIVEIRA	M	38	01:54:04	01:52:29	NO TOMORROW RUNNING TEAM
490	1992	MARCO COUTO	M	38	01:54:07	01:53:01	INDIVIDUAL
491	570	PAULO SOUSA	M	36	01:54:13	01:53:50	INDIVIDUAL
492	453	RAÚL SILVA	M	31	01:54:24	01:54:01	INDIVIDUAL
493	2126	MANUEL C ROLA	M	28	01:54:25	01:53:05	JUVENTUDE CORTEGAÇENSE
494	1572	PAULO J M R OLIVEIRA	M	39	01:54:25	01:53:17	INDIVIDUAL
495	223	TÁCITO S LARANJEIRA	M	34	01:54:26	01:53:37	INDIVIDUAL
496	1584	HELDER PINHO	M	31	01:54:30	01:53:33	GJ PINHEIRO BEMPOSTA
497	1136	ANDRE F F ALMEIDA	M	31	01:54:30	01:54:05	INDIVIDUAL
498	611	SÉRGIO SOUSA	M	23	01:54:32	01:54:09	MOUTADOS TEAM
499	2124	LUÍS SILVA	M	26	01:54:38	01:53:18	JUVENTUDE CORTEGAÇENSE
500	347	FELICIANO ROLDÃO	M	33	01:54:40	01:53:56	INDIVIDUAL
501	1993	PAULO A A OLIVEIRA	M	34	01:54:45	01:53:41	PUPILOS DO ZÉ TÓ
502	1959	JOÃO OLIVEIRA	M	38	01:54:47	01:54:07	SR CEPANENSE
503	356	HENRIQUE OLIVEIRA	M	34	01:55:02	01:54:15	INDIVIDUAL
504	1947	DAVID PINHO	M	26	01:55:04	01:53:31	COOL RUNNERS
505	1945	ANDRÉ M T M TEIXEIRA	M	37	01:55:06	01:54:58	INDIVIDUAL
506	1895	JOSÉ AMÉRICO	M	37	01:55:47	01:54:59	CIRAC
507	184	PEDRO OLIVEIRA	M	32	01:55:49	01:54:29	WELL RUNNER
508	669	CÉSAR LISBOA	M	30	01:55:52	01:55:01	ADRULSM
509	1740	ANTONIO MENDES	M	39	01:55:55	01:53:25	SLOW DONW
510	764	SÉRGIO FERREIRA	M	35	01:55:59	01:54:20	INDIVIDUAL
511	1323	BRUNO PINTO	M	32	01:55:59	01:55:46	PÉS DE CHUMBO
512	800	JOÃO B RIBEIRO	M	29	01:56:08	01:54:34	COOL RUNNERS
513	534	PHILIP MANTEIGAS	M	34	01:56:12	01:55:57	ALL ABOUT
514	665	DARIO MIRANDA	M	33	01:56:16	01:55:24	ADRULSM
515	1745	ANDRE FONSECA	M	33	01:56:30	01:55:45	GRE BONFIM
516	1644	PAULO MATOS	M	33	01:56:36	01:56:13	INDIVIDUAL
517	1501	NUNO SOUSA	M	38	01:56:39	01:55:08	BUDEGUITA RUNNERS
518	1241	PEDRO MARQUES	M	31	01:56:59	01:56:00	RAINHA CLUB
519	1353	DIOGO F D AMARAL	M	29	01:57:05	01:55:58	SPRINTOLOS

520	782	MANUEL J P MOUTINHO	M	37	01:57:36	01:57:07	INDIVIDUAL
521	1838	ANDRÉ F S REBELO	M	22	01:57:36	01:56:48	EDUART - COMPONENTES CALÇADO
522	1429	ANDRÉ LIMA	M	37	01:57:37	01:56:24	GD SANTANDER TOTTA
523	760	PAULO A S OLIVEIRA	M	24	01:58:06	01:57:32	INDIVIDUAL
524	1681	NUNO M R SANTOS	M	36	01:58:27	01:57:54	INDIVIDUAL
525	671	VITOR OSÓRIO	M	32	01:58:31	01:57:40	ADRULSM
526	2231	ALEXANDRE AFONSO	M	39	01:58:37	01:57:52	TROCAJOSSO
527	1329	VIRGILIO M TEIXEIRA	M	37	01:58:39	01:57:01	INDIVIDUAL
528	1737	VITOR SOUSA	M	39	01:58:47	01:58:13	INDIVIDUAL
529	322	RUI CRAVEIRO	M	37	01:58:48	01:57:28	INDIVIDUAL
530	2068	ALEXANDRE N M OLIVEIRA	M	38	01:58:50	01:57:12	INDIVIDUAL
531	1795	DIOGO V O C T PEREIRA	M	31	01:58:52	01:58:52	INDIVIDUAL
532	1160	JOSÉ ALMEIDA	M	33	01:58:54	01:58:09	CP TELECOM ZONA NORTE
533	168	NÉLSON FERREIRA	M	35	01:58:58	01:57:43	OS FALTA D AR
534	819	HUGO A P CARASLINDAS	M	37	01:59:03	01:57:41	CP EDP - DELEGAÇÃO DE GAIA
535	621	GABRIEL A R LADEIRO	M	32	01:59:25	01:58:15	TRAVESSINHAS
536	920	MÁRCIO CORREIA	M	35	01:59:27	01:58:31	FOGAÇAS COM MALAPOS
537	2189	PEDRO SANTOS	M	30	01:59:41	01:58:26	INDIVIDUAL
538	1029	SAMUEL T A PIRES	M	30	01:59:43	01:58:28	INDIVIDUAL
539	379	JOAQUIM TEIXEIRA	M	31	01:59:51	01:58:28	INDIVIDUAL
540	1240	VITOR SILVA	M	32	01:59:53	01:58:59	RAINHA CLUB
541	1256	LUIS PACHECO	M	39	02:00:00	01:59:06	PINDÉRICUS & OUTROS
542	361	BRUNO COSTA	M	34	02:00:42	01:59:28	INDIVIDUAL
543	1245	SERGIO MAIA	M	31	02:01:29	01:59:53	RAINHA CLUB
544	1850	DAVID RODRIGUES	M	34	02:01:31	02:01:19	RUN 4 PRINCIPLES
545	690	ROGERIO MENDES	M	30	02:01:43	02:01:02	INDIVIDUAL
546	1746	JOÃO RAMALHÃO	M	38	02:01:56	02:00:37	PORTO RUNNERS
547	1393	RICARDO M A OLIVEIRA	M	36	02:02:31	02:02:01	INDIVIDUAL
548	101	NORBERTO OLIVEIRA	M	23	02:02:33	02:02:10	CLUBE MILLENNIUM BCP
549	586	GONÇALO S PEREIRA	M	34	02:02:55	02:01:43	INDIVIDUAL
550	1533	PEDRO VIEIRA	M	36	02:03:22	02:03:12	CIA ALPENDORADA
551	313	PEDRO NEVES	M	36	02:03:22	02:02:32	INDIVIDUAL
552	1516	BRUNO BARGE	M	34	02:03:26	02:02:26	INDIVIDUAL
553	915	RICARDO C R S COELHO	M	39	02:03:35	02:02:39	FOGAÇAS COM MALAPOS
554	1238	LUIS RAMOS	M	35	02:03:36	02:02:00	RAINHA CLUB
555	1328	DIOGO SANTOS	M	30	02:03:49	02:02:41	RUNRUN
556	1251	MIGUEL ALMEIDA	M	38	02:04:03	02:02:56	AASM TRIATLO
557	1833	NUNO H P GIL	M	25	02:04:19	02:02:45	COOL RUNNERS
558	417	PAULO SERRA	M	34	02:05:14	02:04:10	INDIVIDUAL
559	1575	JOSÉ M M BARBOSA	M	38	02:05:27	02:04:48	F22
560	1265	GUSTAVO SANTOS	M	33	02:05:28	02:04:54	AQS CONSULTORES SEGUROS LDA
561	1794	PEDRO M F V BALDAIA	M	35	02:05:29	02:03:57	INDIVIDUAL
562	2174	CARLOS BRANDÃO	M	33	02:05:33	02:04:23	INDIVIDUAL
563	1741	RICARDO MACIEL	M	37	02:05:42	02:04:55	GRE BONFIM
564	1972	FILIPE AGUIAR	M	34	02:05:44	02:05:29	TONDELA RUNNERS
565	303	JOSÉ C N PEREIRA	M	35	02:05:49	02:04:13	INDIVIDUAL
566	153	TIAGO FRUTUOSO	M	39	02:06:06	02:04:28	AÇOREANA SEGUROS

567	922	PEDRO M SILVA	M	37	02:07:51	02:06:56	FOGAÇAS COM MALAPOS
568	1854	JOSÉ TAVARES	M	39	02:08:08	02:07:04	OS KAGADOS
569	1164	JOÃO BUSTORFF	M	37	02:08:52	02:08:28	WOLF RUNNERS
570	2002	JOSÉ P COUTO	M	21	02:09:24	02:08:01	INDIVIDUAL
571	1619	BRUNO T SILVA	M	36	02:09:33	02:08:36	INDIVIDUAL
572	1797	CARLOS A MONTEIRO	M	36	02:09:45	02:08:24	INDIVIDUAL
573	1712	ANDRÉ F P OLIVEIRA	M	39	02:09:50	02:09:15	INDIVIDUAL
574	1756	ALEXANDRE SILVA	M	37	02:10:02	02:08:41	INDIVIDUAL
575	655	FRANCISCO MACEDO	M	35	02:10:17	02:08:35	GDF CAMPANHÃ
576	353	IVO PINTO	M	30	02:10:18	02:08:37	MADE IN CRT
577	443	DAVID M O BRAGA	M	34	02:11:42	02:10:36	PUPILOS DO ZÉ TÓ
578	679	ALEXANDRE L GONÇALVES	M	35	02:12:37	02:11:11	INDIVIDUAL
579	2125	TIAGO SANTOS	M	27	02:12:44	02:11:23	JUVENTUDE CORTEGAÇENSE
580	1222	PAULO SILVA	M	33	02:12:59	02:09:38	CLUBE ZUPPER
581	656	VICTOR GONÇALVES	M	36	02:13:08	02:11:27	GDF CAMPANHÃ
582	1640	ANDRE MARQUES	M	22	02:13:13	02:12:14	RAINHA CLUB
583	1075	ANGELO OLIVEIRA	M	29	02:14:04	02:12:46	DOURO RUNNERS
584	1139	CARLOS CUNHA	M	35	02:14:06	02:12:25	INDIVIDUAL
585	1994	JOSE P MOURA	M	38	02:14:42	02:13:25	INVICTA RUNNERS TEAM
586	1608	AGOSTINHO O MARTINS	M	35	02:15:02	02:13:54	LOUSADA RUNNERS
587	622	PAULO A O VALENTE	M	35	02:15:02	02:13:53	TRAVESSINHAS
588	161	DANIEL REIS	M	36	02:15:03	02:13:47	OS FALTA D AR
589	1629	CARLOS F PRADO	M	38	02:17:16	02:15:59	INDIVIDUAL
590	1125	RICARDO MONTEIRO	M	38	02:17:29	02:16:11	PERNETAS
591	780	CÉSAR S ALVES	M	38	02:18:09	02:16:45	INDIVIDUAL
592	2138	FREDERICO SOUTO	M	22	02:18:10	02:16:42	INDIVIDUAL
593	1384	JOSÉ MARTINS	M	38	02:18:46	02:17:41	CA LAMAS
594	1858	HUGO LOPES	M	34	02:19:41	02:18:15	OS KAGADOS
595	1283	CARLOS F N SANTOS	M	28	02:21:07	02:19:25	INDIVIDUAL
596	1275	PAULO P GOMES	M	38	02:22:38	02:21:04	AQS CONSULTORES SEGUROS LDA
597	1984	DAVID FERNANDES	M	27	02:23:09	02:22:54	INDIVIDUAL
598	497	ANTONIO S C SOUSA	M	35	02:23:29	02:23:15	INDIVIDUAL
599	1603	FILIFE GONÇALVES	M	32	02:24:34	02:23:08	PINDÉRICUS & OUTROS
600	1842	RUI SOARES	M	37	02:28:13	02:27:16	NUTRIBARROSAS
601	2109	ANTONIO P BRAGA	M	35	02:28:14	02:27:18	INDIVIDUAL
602	1841	RAUL LOPEZ	M	32	02:28:15	02:27:18	NUTRIBARROSAS
603	1973	ADÃO M S FREITAS	M	28	02:29:24	02:27:56	INDIVIDUAL
604	394	NUNO FERREIRA	M	35	02:34:51	02:33:10	QUASE CORREDORES
605	403	CARLOS DUARTE	M	36	02:34:51	02:33:10	INDIVIDUAL
606	565	PAULO FALCÃO	M	33	02:39:33	02:38:19	TIKI-TAKA RUNNERS

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	7	PAULO GOMES	M	42	01:05:34	01:05:33	CUAB
2	15	ARTUR RODRIGUES	M	40	01:08:51	01:08:49	NA CUCUJÃES
3	1874	LUIS SILVA	M	40	01:11:21	01:11:19	ADERCUS
4	294	CARLOS MONTEIRO	M	42	01:12:24	01:12:22	DRAGÕES V VIZELA

5	948	FERNANDO SANTOS	M	42	01:12:26	01:12:21	CP MANGUALDE
6	1876	GIL FERREIRA	M	44	01:13:08	01:13:08	ADERCUS
7	1009	FERNANDO BARROS	M	40	01:13:33	01:13:31	GD AIRÃO CURVIA
8	964	FERNANDO LIMA	M	40	01:14:17	01:14:14	NA CUCUJÃES
9	2044	ROGÉRIO MARQUES	M	41	01:14:35	01:14:31	CYCLONES SANITOP
10	258	VASCO BATISTA	M	40	01:14:39	01:14:36	EAROS
11	519	ORLANDO NEVES	M	44	01:15:00	01:15:00	BOAVISTA FC
12	255	SÉRGIO SOUSA	M	43	01:15:11	01:15:07	ADS SJ SERRA
13	1184	ANTÓNIO CANECA	M	43	01:17:04	01:16:59	AD RIO LARGO C ESPINHO
14	65	MANUEL CARDOSO	M	44	01:17:04	01:17:02	BOAVISTA FC
15	1595	MANUEL MENDES	M	44	01:17:26	01:17:23	VITÓRIA SPORT CLUBE
16	1458	ANTÓNIO SOUSA	M	43	01:18:14	01:18:02	JOBRA A JOVENS BRANCA
17	2016	MIGUEL MENDES	M	40	01:18:18	01:18:13	GDR RETORTA
18	1873	PAULO FERREIRA	M	44	01:18:20	01:18:19	ADERCUS
19	2015	ADELINO SILVA	M	42	01:18:23	01:18:20	GDR RETORTA
20	2213	RUI VELOSO	M	40	01:18:52	01:18:50	SS CAMPO
21	1105	LINO FERREIRA	M	44	01:19:00	01:18:57	CD FEIRENSE
22	891	RUI P R ROMÃO	M	40	01:19:22	01:19:17	CC OVAR
23	2111	ABÍLIO MOREIRA	M	43	01:19:36	01:19:28	BUDEGUITAS RUNNERS
24	1451	FERNANDO SOARES	M	43	01:20:12	01:20:04	CC S JOÃO MADEIRA
25	2180	SÉRGIO PINTO	M	43	01:20:30	01:20:30	OS FALTA D'AR
26	283	RICARDO CARVALHO	M	44	01:20:36	01:20:33	NA CUCUJÃES
27	325	JOÃO FILIPE	M	42	01:20:55	01:20:50	INDIVIDUAL
28	1211	ANDRE FERREIRA	M	43	01:21:27	01:21:27	GJ PINHEIRO BEMPOSTA
29	1937	PEDRO SALCEDAS	M	44	01:21:53	01:21:35	ACR SRA DESTERRO
30	83	ALEXANDRE SANTOS	M	41	01:21:57	01:21:21	GDC GUILHOVAI
31	182	LUIS BIDARRA	M	44	01:22:18	01:22:13	CA SEIA
32	1071	RAUL MOREIRA	M	41	01:22:27	01:21:43	GDC CASTELO PAIVA
33	254	DELFINO CONCEIÇÃO	M	44	01:22:38	01:22:36	ADS SJ SERRA
34	1539	JOAQUIM FERNANDES	M	44	01:22:39	01:22:32	LOUSADA RUNNERS
35	1298	PEDRO GAMA	M	41	01:22:59	01:22:52	CCD APDL
36	1633	JOSÉ QUEIRÓS	M	44	01:23:15	01:23:01	CCD O ALVITEJO
37	856	ARMANDO BASTOS	M	41	01:23:32	01:23:25	CALDAS S JORGE SC
38	1723	XAVIER NOZELOS	M	44	01:23:49	01:22:54	CHAVES RUNNING TEAM
39	959	CARLOS FERREIRA	M	41	01:24:00	01:23:43	NA CUCUJÃES
40	718	MIGUEL OLIVEIRA	M	41	01:24:23	01:24:16	CA GAIENSES/TOYOTA
41	2137	JOAO P A TAVARES	M	40	01:24:56	01:24:34	INDIVIDUAL
42	1891	PAULO J P FERREIRA	M	42	01:25:05	01:24:54	AMIGOS PENAFIEL
43	1316	ANTÓNIO MAGALHAES	M	43	01:25:28	01:25:19	GD LEÕES GUARDA
44	577	JORGE N LOUREIRO	M	40	01:25:39	01:24:54	DÍNAMO CLUBE ESTAÇÃO
45	869	JOSE FERREIRA	M	40	01:25:47	01:25:08	GDR JUVENTUDE RIBEIRAS
46	1470	MIGUEL PEREIRA	M	44	01:25:48	01:25:43	CCDT CM GONDOMAR
47	1153	JOÃO P BARBOSA	M	43	01:25:54	01:25:49	NA CUCUJÃES
48	2099	ANTONIO M RIBEIRO	M	43	01:25:58	01:25:34	NA TAIPAS
49	1126	JOAQUIM MADUREIRA	M	40	01:26:05	01:25:56	CLUBE ZUPPER
50	640	ANGELO VIDAL	M	43	01:26:14	01:26:08	C VETERANOS PORTO
51	1368	PAULO ALMEIDA	M	43	01:26:52	01:26:35	GD GAFANHA

52	843	ALBERTO NEVES	M	43	01:26:54	01:26:29	CALDAS S JORGE SC
53	397	ALBERTO SILVA	M	43	01:27:01	01:26:21	INDIVIDUAL
54	2081	ANTONIO SILVA	M	44	01:27:13	01:26:45	NA TAIPAS
55	2163	LUIS CARLOS	M	43	01:27:37	01:27:14	
56	850	RUI MOREIRA	M	40	01:27:38	01:27:38	CALDAS S JORGE SC
57	752	PEDRO ANSELMO	M	43	01:27:52	01:27:09	BTTRAIN - C FERROV COIMBRA
58	893	JOSÉ A S P FERREIRA	M	42	01:28:17	01:27:43	CP TELECOM ZONA NORTE
59	1209	RUI FREIRE	M	41	01:28:18	01:28:10	GJ PINHEIRO BEMPOSTA
60	1388	RUI CORREIA	M	41	01:28:24	01:27:28	CA LAMAS
61	188	ANDRÉ DIAS	M	40	01:28:25	01:28:01	GAIA RUNNING
62	1426	HEITOR COSTA	M	41	01:28:25	01:27:45	INDIVIDUAL
63	697	ANTÓNIO FONSECA	M	42	01:28:32	01:27:23	INDIVIDUAL
64	1519	WOUTER BROECK	M	43	01:28:36	01:28:26	AD RIO LARGO C ESPINHO
65	1072	ALFREDO SOUSA	M	42	01:28:40	01:28:33	GDC CASTELO PAIVA
66	1433	ABILIO SILVA	M	44	01:28:43	01:28:29	CF OLIVEIRA DOURO
67	1060	GUILHERME SOUSA	M	44	01:28:45	01:28:30	INDIVIDUAL
68	2230	HENRIQUE JORGE	M	41	01:28:47	01:28:42	INDIVIDUAL
69	581	ANSELMO ROCHA	M	42	01:28:49	01:28:42	RUN4EXCELLENCE
70	1752	VITOR M M LEMOS	M	42	01:29:00	01:28:42	INDIVIDUAL
71	2014	ANDRE BOTELHO	M	40	01:29:00	01:28:50	NASCIDOS PARA CORRER
72	1831	DUARTE G R BARBOSA	M	43	01:29:11	01:28:44	INDIVIDUAL
73	2055	JAIME JÚNIOR	M	44	01:29:12	01:28:59	ENDORPHINS RUNNERS
74	193	JORGE PEREIRA	M	42	01:29:22	01:28:57	GAIA RUNNING
75	1168	SÉRGIO TEIXEIRA	M	43	01:29:44	01:29:22	WOLF RUNNERS
76	1440	EDUARDO LEMOS	M	43	01:29:48	01:29:44	FISIOVERALEMOS
77	1367	VÍTOR CARLOS	M	40	01:29:58	01:29:42	GD GAFANHA
78	2117	RUI ALVES	M	44	01:30:08	01:29:35	INDIVIDUAL
79	1404	EGRAR ROSA	M	40	01:30:14	01:29:30	CD MOITENSE
80	1498	JORGE QUEIROS	M	43	01:30:15	01:29:48	INDIVIDUAL
81	872	JOSE NUNES	M	43	01:30:30	01:30:12	GDR JUVENTUDE RIBEIRAS
82	689	JOSÉ M S ROCHA	M	44	01:30:32	01:29:11	INDIVIDUAL
83	1492	NUNO M R SEABRA	M	40	01:30:37	01:29:06	LOBA.PT AZRAIDS
84	1672	HENRIQUE SILVA	M	41	01:30:39	01:29:49	BRAGUINHAS
85	1830	ABILIO RIBEIRO	M	44	01:30:43	01:30:35	CALDAS S JORGE SC
86	1375	CARLOS CARDOSO	M	43	01:30:46	01:29:49	CA LAMAS
87	1632	LUIS QUEIRÓS	M	42	01:31:00	01:30:27	CCD O ALVITEJO
88	2164	IVO CRUZ	M	40	01:31:08	01:30:51	LOUSADA RUNNERS
89	59	JOSÉ GRAÇA	M	41	01:31:20	01:30:22	BOAVISTA FC
90	2170	PAULO GRILO	M	42	01:31:24	01:30:44	ARCORUN
91	1812	DAVID FERREIRA	M	40	01:31:27	01:31:12	INDIVIDUAL
92	1108	JOSÉ L MACHADO	M	42	01:31:49	01:31:06	VITÓRIA SPORT CLUBE
93	1225	SALVADOR F F SILVA	M	43	01:32:04	01:31:58	INDIVIDUAL
94	1848	HENRIQUE NEVES	M	43	01:32:20	01:32:02	INDIVIDUAL
95	69	PEDRO DIAS	M	42	01:32:26	01:31:55	BOAVISTA FC
96	985	VITOR PINHO	M	42	01:32:30	01:32:22	CA OVAR
97	817	PEDRO B VIDAL	M	40	01:32:33	01:32:24	CP EDP - DELEGAÇÃO DE GAIA
98	1499	MÁRIO FONSECA	M	42	01:32:39	01:32:12	INDIVIDUAL

99	242	JOSÉ BARROSO	M	43	01:32:44	01:32:28	R/R ONLINE
100	743	PEDRO BARBOSA	M	44	01:33:00	01:31:55	INDIVIDUAL
101	2097	ADAO GONÇALVES	M	44	01:33:01	01:32:22	NA TAIPAS
102	706	PAULO SANTOS	M	44	01:33:07	01:33:01	ACRDE
103	971	LUIS F SEQUEIRA	M	43	01:33:09	01:32:19	INDIVIDUAL
104	608	CARLOS SOUSA	M	44	01:33:18	01:33:02	MOUTADOS TEAM
105	1395	JOSÉ M G NUNES	M	40	01:33:29	01:32:31	INDIVIDUAL
106	938	CARLOS M P COUTO	M	41	01:33:55	01:33:08	ARCORUN
107	1437	PEDRO ELIAS	M	44	01:34:00	01:33:45	CF OLIVEIRA DOURO
108	1169	LUIS MADEIRA	M	40	01:34:10	01:33:48	WOLF RUNNERS
109	2013	RUI BARBOSA	M	41	01:34:12	01:34:02	INDIVIDUAL
110	1504	ROGÉRIO CALVO	M	44	01:34:12	01:33:44	PORTO RUNNERS
111	1443	ANTÓNIO FREITAS	M	44	01:34:21	01:33:30	RUN TO BE ALIVE
112	578	JOÃO P S ALMEIDA	M	43	01:34:26	01:33:41	DÍNAMO CLUBE ESTAÇÃO
113	861	PEDRO M V MOTA	M	41	01:34:29	01:33:27	INDIVIDUAL
114	1502	PEDRO J MARQUES	M	44	01:34:33	01:33:23	INDIVIDUAL
115	2228	PAULO SOUSA	M	40	01:34:39	01:34:39	INDIVIDUAL
116	430	ANTÓNIO ALMEIDA	M	43	01:34:41	01:33:30	CDCR CTT PORTO
117	589	LUIS TORRES	M	43	01:34:46	01:34:38	H3 RUNNERS
118	334	ARTUR MANUEL	M	43	01:35:11	01:35:04	INDIVIDUAL
119	351	AGOSTINHO BARROS	M	43	01:35:13	01:34:57	INDIVIDUAL
120	1506	PEDRO MADAIL	M	44	01:35:18	01:34:17	INDIVIDUAL
121	2095	PAULO RODRIGUES	M	43	01:35:18	01:34:40	NA TAIPAS
122	680	SERGIO M A JORGE	M	44	01:35:19	01:34:27	INDIVIDUAL
123	1727	HÉLDER M R S DEVEZA	M	41	01:35:19	01:35:08	CA MOGADOURO
124	217	CARLOS MOÇO	M	40	01:35:32	01:35:26	INDIVIDUAL
125	1304	MARIO RODRIGUES	M	40	01:35:51	01:35:09	CCD APDL
126	1348	NUNO RECAREI	M	42	01:36:14	01:35:02	UNIDOS À FRESCA
127	832	MANUEL ALMEIDA	M	40	01:36:30	01:35:42	CALDAS S JORGE SC
128	61	RUI SANTOS	M	42	01:36:31	01:36:02	BOAVISTA FC
129	111	PAULO MESQUITA	M	41	01:36:39	01:36:19	MF MARTINS
130	1675	JOSÉ M A CARVALHO	M	42	01:36:40	01:36:08	INDIVIDUAL
131	465	RUI PINTO	M	42	01:36:41	01:36:02	INDIVIDUAL
132	908	PEDRO MOURO	M	41	01:36:45	01:36:10	TERRORES DO ASFALTO
133	876	EDUARDO RAMALHADEIRO	M	41	01:36:53	01:36:24	OS ARRASTÕES
134	1196	CÉSAR SOUSA	M	40	01:37:11	01:36:22	INDIVIDUAL
135	1960	FRANCISCO CUNHA	M	42	01:37:26	01:36:45	SR CEPANENSE
136	1676	PAULO L M NUNES	M	44	01:37:27	01:36:54	INDIVIDUAL
137	605	JOÃO BANDEIRA	M	43	01:37:28	01:37:20	INDIVIDUAL
138	1401	RICARDO VICENTE	M	43	01:37:30	01:36:44	CD MOITENSE
139	1527	JOSE OLIVEIRA	M	43	01:37:38	01:36:52	GAVIOES
140	1497	RUI GONÇALVES	M	41	01:37:43	01:37:26	INDIVIDUAL
141	1542	CLAUDIO PINTO	M	44	01:37:43	01:37:27	INDIVIDUAL
142	1700	ÂNGELO M A PINHO	M	41	01:37:44	01:37:06	INDIVIDUAL
143	937	MANUEL V R PINHO	M	41	01:37:46	01:37:35	GD LOUROCOOP
144	1859	ARLINDO SILVA	M	42	01:37:46	01:37:03	OS KAGADOS
145	2214	NUNO TUNES	M	40	01:37:48	01:36:45	C MILLENNIUM BCP

146	1894	JOÃO CARDOSO	M	41	01:37:52	01:37:42	INDIVIDUAL
147	664	PAULO FREITAS	M	44	01:37:52	01:37:03	ADRULSM
148	537	FERNANDO ROLDÃO	M	44	01:37:57	01:37:13	FITNESS UP
149	2065	ALCINO GOUVEIA	M	43	01:38:08	01:37:13	ASCÁRIOS ESCARIZ
150	710	JOSÉ SOUSA	M	40	01:38:14	01:37:19	INDIVIDUAL
151	533	JOÃO PINHO	M	40	01:38:22	01:37:24	LOPES XARÁ
152	1621	LUIS F M ALMEIDA	M	41	01:38:28	01:37:26	INDIVIDUAL
153	1659	SERGIO LAGOA	M	40	01:38:29	01:37:00	BUDEGUITA RUNNERS
154	1792	JOSÉ M A F RIBEIRO	M	43	01:38:31	01:37:10	POTE1
155	1991	RUI B SOBRAL	M	43	01:38:33	01:38:01	PORTO RUNNERS
156	1371	ARMANDO CORREIA	M	43	01:38:50	01:37:56	GD GAFANHA
157	342	PABLO NEVES	M	42	01:38:55	01:38:48	CI ARGONCILHE
158	661	ARMINDO BASTOS	M	42	01:39:06	01:38:28	INDIVIDUAL
159	508	CARLOS PASSOS	M	44	01:39:08	01:38:28	INDIVIDUAL
160	1783	PAULO GIL	M	40	01:39:10	01:37:46	INDIVIDUAL
161	1480	PAULO A SILVA	M	42	01:39:14	01:37:34	TOUTOU RUNNING
162	1692	PAULO R P COSTA	M	40	01:39:15	01:38:42	INDIVIDUAL
163	506	NUNO FREITAS	M	40	01:39:17	01:38:36	INDIVIDUAL
164	1535	ALCINO SILVA	M	42	01:39:23	01:39:12	CIA ALPENDORADA
165	687	AUGUSTO PACHECO	M	43	01:39:26	01:38:46	INDIVIDUAL
166	396	PAULO GRAÇA	M	42	01:39:27	01:38:49	INDIVIDUAL
167	1645	ARTUR REGO	M	41	01:39:27	01:39:11	AMIGOS PARQUE BIOLOGICO
168	1804	JORGE COELHO	M	44	01:39:36	01:39:18	INDIVIDUAL
169	171	VICTOR RENTE	M	42	01:39:37	01:38:37	OS FALTA D AR
170	1137	FERNANDO LOPES	M	40	01:39:39	01:38:43	LOPES
171	190	CÉSAR TEIXEIRA	M	42	01:39:42	01:38:14	GAIA RUNNING
172	571	DANIEL LOURENÇO	M	41	01:39:45	01:39:28	CA BARREIRA
173	979	JOSE LOURENÇO	M	40	01:39:47	01:38:40	CA OVAR
174	323	RUI LAMEIRAS	M	42	01:40:00	01:39:23	INDIVIDUAL
175	1175	LUIS M OLIVEIRA	M	40	01:40:11	01:39:27	GD SANTANDER TOTTA
176	1130	MANUEL A G RODRIGUES	M	44	01:40:14	01:39:03	NEIVA RUNNERS
177	1954	PAULO PIMENTA	M	44	01:40:20	01:39:29	RUNNERS MONTE AVENTINO
178	750	LUIS V MAIA	M	41	01:40:29	01:39:47	BTTRAIN - C FERROV COIMBRA
179	1561	SÉRGIO MATOS	M	44	01:40:31	01:40:06	CA LAMAS
180	1377	FERNANDO BERNARDINO	M	42	01:40:38	01:40:13	CA LAMAS
181	1166	NUNO MATINS	M	41	01:40:48	01:40:25	WOLF RUNNERS
182	2134	MÁRIO FONTÃO	M	41	01:40:51	01:39:34	MOURA SC
183	619	PEDRO MIRANDA	M	44	01:40:51	01:39:54	INDIVIDUAL
184	1736	PAULO J N COSTA	M	40	01:40:55	01:40:46	AMIGOS QUINTA FREIRAS
185	1467	TADEU ROMA	M	43	01:40:58	01:40:30	JOBRA A JOVENS BRANCA
186	167	JORGE SILVA	M	40	01:41:00	01:40:44	OS FALTA D AR
187	301	PAULO M S A SILVA	M	42	01:41:04	01:39:31	INDIVIDUAL
188	879	RENATO CRUZ	M	42	01:41:12	01:40:18	OS ARRASTÕES
189	1884	JOÃO CARVALHAL	M	41	01:41:17	01:39:49	BUDEGUITA RUNNERS
190	1382	JOEL SANTOS	M	40	01:41:26	01:41:03	CA LAMAS
191	1953	PAULO LOPES	M	43	01:41:26	01:40:35	RUNNERS MONTE AVENTINO
192	198	NUNO SANTOS	M	42	01:41:29	01:40:07	GAIA RUNNING

193	1486	VASCO MARQUES	M	43	01:41:47	01:40:51	C VETERANOS LIS
194	1473	ANTONIO BORGES	M	42	01:41:50	01:40:29	INDIVIDUAL
195	2064	JOSÉ OLIVEIRA	M	43	01:41:52	01:40:56	ASCÁRIOS ESCARIZ
196	1102	VITOR M M LOPES	M	44	01:41:54	01:41:31	PNMC- PORTO
197	615	ANDRE M BANDEIRA	M	40	01:42:05	01:41:57	INDIVIDUAL
198	730	MIGUEL BARQUEIRO	M	41	01:42:23	01:42:06	SUNSET RUNNERS
199	1073	PAULO S S OLIVEIRA	M	41	01:42:34	01:41:24	INDIVIDUAL
200	1431	DAVIDE PINHEIRO	M	44	01:42:55	01:41:47	AD AMARANTE
201	1039	FERNANDO SANTOS	M	44	01:42:55	01:41:53	CP AGUAS GAIA
202	244	FILIFE PEIXE	M	40	01:43:08	01:43:02	R/R ONLINE
203	2060	MÁRIO C S GODINHO	M	41	01:43:15	01:43:02	BFOUR
204	1862	HAMILTON DIAS	M	40	01:43:23	01:43:00	INDIVIDUAL
205	1614	JOSE A M SIMÃO	M	41	01:43:27	01:42:33	TRIATLO DONAS FUNDÃO
206	2071	RUI CARDOSO	M	41	01:43:44	01:42:44	INVICTA RUNNERS TEAM
207	2098	NUNO MARTINHO	M	41	01:44:01	01:43:22	NA TAIPAS
208	592	FILIFE J RODRIGUES	M	40	01:44:08	01:43:18	DÍNAMO CLUBE ESTAÇÃO
209	1313	FERNANDO JORGE	M	41	01:44:12	01:43:10	INVICTA RUNNERS TEAM
210	1252	OSCAR H BASTOS	M	42	01:44:24	01:43:26	INDIVIDUAL
211	1478	NUNO M S LEITE	M	41	01:44:26	01:43:16	INDIVIDUAL
212	1784	ANTÓNIO M A MAGALHÃES	M	40	01:44:31	01:43:01	INDIVIDUAL
213	458	VITOR SÁ	M	44	01:44:40	01:43:26	VILLA CESARI
214	1943	JOSÉ TEIXEIRA	M	40	01:44:41	01:43:56	INDIVIDUAL
215	1942	RUI P RAMOS	M	40	01:44:41	01:43:56	INDIVIDUAL
216	756	NELSON S PINHO	M	42	01:45:05	01:44:01	INDIVIDUAL
217	202	VITOR GARCIA	M	43	01:45:10	01:43:43	GAIA RUNNING
218	1093	PEDRO ALVES	M	44	01:45:13	01:44:33	RAMADAS DO ASFALTO
219	1310	JOAO G LOPES	M	42	01:45:21	01:44:45	GC SANTO TIRSO
220	1852	RICARDO J L MOTA	M	42	01:45:25	01:44:07	HAPPY FAMILY
221	41	LUÍS NUNO SANTOS	M	42	01:45:30	01:43:54	AFIS/OVAR
222	1811	PAULO A BREU	M	44	01:45:39	01:45:02	AMARANTE RT
223	540	PAULO V BOAS	M	42	01:45:42	01:44:27	UNIDOS À FRESCA
224	724	JOÃO F G RODRIGUES	M	42	01:45:52	01:44:34	MATA CHIBAS
225	1396	VALDEMAR C DIAS	M	41	01:45:53	01:44:36	QUIMIFEIRAVCD CORRRE
226	723	MANUEL NEVES	M	41	01:45:55	01:45:05	INDIVIDUAL
227	738	FILIFE RAMOS	M	41	01:46:06	01:44:55	INDIVIDUAL
228	1089	RUFINO MOREIRA	M	44	01:46:15	01:45:25	GRUPO AMIZADE
229	1698	MIGUEL B P CARDOSO	M	44	01:46:20	01:45:11	FISIO
230	1739	RUI SILVA	M	42	01:46:21	01:44:47	SLOW DONW
231	816	ARMINDO TAVARES	M	43	01:46:21	01:45:32	AS
232	2039	JORGE FERREIRA	M	42	01:46:25	01:45:03	POTE1
233	547	TIAGO V LEAL	M	44	01:46:27	01:46:16	INVICTA RUNNERS TEAM
234	2006	VIRGILIO PINHEL	M	42	01:46:34	01:46:25	POOL TEAM
235	1264	SERGIO CANEDO	M	43	01:46:36	01:45:03	AQS CONSULTORES SEGUROS LDA
236	414	MIGUEL C FERNANDES	M	40	01:46:36	01:46:21	INDIVIDUAL
237	1708	LUIS ALMEIDA	M	44	01:46:53	01:46:14	INDIVIDUAL
238	728	VITOR SOUSA	M	43	01:47:03	01:46:44	SUNSET RUNNERS
239	1133	PEDRO PAIVA	M	40	01:47:16	01:46:45	INDIVIDUAL

240	1759	PAULO PEIXOTO	M	44	01:47:17	01:46:09	INDIVIDUAL
241	1285	PAULO J SOARES	M	43	01:47:57	01:47:36	CICLISTAS CÓSMICOS - GISLOTICA
242	1934	TO M PEREIRA	M	42	01:48:06	01:47:00	SANTINHA
243	1173	ADALBERTO FIGUEIREDO	M	41	01:48:31	01:47:59	GD SANTANDER TOTTA
244	1938	CASIMIRO M B TAVARES	M	40	01:48:41	01:47:14	INDIVIDUAL
245	1911	JOÃO C LOPES	M	43	01:48:47	01:48:05	INDIVIDUAL
246	1037	JOSÉ ALMEIDA	M	43	01:48:48	01:47:58	ALMEIDA TEAM
247	1809	JOSE MIRANDA	M	44	01:48:53	01:48:17	AMARANTE RT
248	1578	JOAQUIM GAYO	M	40	01:48:59	01:47:30	SULNOR
249	1636	MATEUS P SILVA	M	44	01:49:10	01:48:59	INDIVIDUAL
250	1035	FILIFE MADUREIRA	M	40	01:49:13	01:48:11	INVICTA RUNNERS TEAM
251	831	PEDRO SILVA	M	42	01:49:24	01:48:02	CALDAS S JORGE SC
252	837	MARIO COSTA	M	44	01:49:40	01:48:50	CALDAS S JORGE SC
253	1330	JORGE SALVADOR	M	43	01:49:41	01:48:17	HM TRAINING GROUP
254	98	ANTÓNIO ALVES	M	40	01:49:45	01:48:23	CLUBE MILLENNIUM BCP
255	428	MANUEL J SILVA	M	44	01:49:51	01:49:04	INDIVIDUAL
256	1652	PAULO LAGOA	M	44	01:49:55	01:48:26	BUDEGUITA RUNNERS
257	1023	CANDIDO FRANCO	M	42	01:50:00	01:48:05	SUNSET RUNNERS
258	1287	RUI PINHO	M	42	01:50:02	01:48:22	ADEC MACIEIRA SARNES
259	1887	PEDRO M R GAVINA	M	43	01:50:06	01:48:41	INDIVIDUAL
260	1246	SERGIO FIGUEIREDO	M	42	01:50:06	01:49:58	INDIVIDUAL
261	972	ALBERTO VALENTE	M	40	01:50:13	01:50:09	CA OVAR
262	1541	RUI P P C OLIVEIRA	M	42	01:50:29	01:49:42	FOGAÇAS COM MALAPOS
263	917	PAULO LIMA	M	41	01:50:29	01:49:43	FOGAÇAS COM MALAPOS
264	1373	ADELINO GOMES	M	42	01:50:41	01:49:38	CA LAMAS
265	1322	SÉRGIO COSTA	M	40	01:51:03	01:50:49	PÉS DE CHUMBO
266	1054	PEDRO MELO	M	42	01:51:16	01:50:51	COMPANHIA BAZOFIAS
267	1439	JULIO COSTA	M	43	01:51:26	01:49:47	INDIVIDUAL
268	522	ARMANDO ROCHA	M	41	01:51:28	01:50:57	MOVOL
269	734	LUÍS PEDROSO	M	43	01:52:19	01:51:50	TARTARUGAS DO ASFALTO
270	489	LUÍS F S T GUIMARÃES	M	42	01:52:20	01:50:59	INDIVIDUAL
271	1808	VITOR J S PINTO	M	41	01:52:30	01:51:48	INDIVIDUAL
272	1785	MÁRIO A J SILVA	M	44	01:52:32	01:51:01	INDIVIDUAL
273	2122	MÁRIO J E MORAIS	M	44	01:53:00	01:52:05	INDIVIDUAL
274	1273	EDUARDO FERREIRA	M	41	01:53:07	01:51:31	AQS CONSULTORES SEGUROS LDA
275	713	JOSE A M FERREIRA	M	40	01:53:08	01:52:14	2SLOW2RUN
276	151	RICARDO PINTO	M	40	01:53:10	01:51:58	AÇOREANA SEGUROS
277	625	JAIME SANTOS	M	43	01:53:15	01:52:18	GRECAS - VAGOS
278	1926	EDUARDO RIBEIRO	M	42	01:53:47	01:53:25	AD AMARANTE
279	931	JOÃO ROCHA	M	40	01:54:07	01:53:00	CENAP
280	439	ANTÓNIO J C BRANDÃO	M	42	01:54:10	01:53:04	PUPILOS DO ZÉ TÓ
281	2129	ANDRE M L ANTUNES	M	41	01:54:21	01:53:43	MONTEPIO
282	530	SÉRGIO BRITES	M	40	01:54:56	01:54:19	GANGUE DAS MAÇÃS
283	757	CARLOS MAIA	M	40	01:55:53	01:54:35	OS FINOS
284	2167	JOAO COUTO	M	43	01:55:53	01:54:35	MILLENNIUM BCP
285	201	RUI RODRIGUES	M	40	01:56:07	01:54:44	GAIA RUNNING
286	1868	VITOR TALISCA	M	42	01:56:18	01:55:12	SANTINHA

287	1952	FRANCISCO MELO	M	44	01:56:27	01:55:13	XAVIER OLIVEIRA POR JOANE
288	790	MARCELO RIBEIRO	M	42	01:56:59	01:55:35	TUGAS NA ESTRADA
289	1496	NUNO ROLA	M	42	01:57:02	01:56:19	INDIVIDUAL
290	200	PAULO VILARINHO	M	43	01:57:19	01:55:53	GAIA RUNNING
291	603	JOSE F S NETO	M	41	01:57:42	01:56:09	INDIVIDUAL
292	36	JOSE COSTA	M	42	01:58:36	01:56:59	AFIS/OVAR
293	54	SÉRGIO SILVA	M	40	01:58:36	01:57:00	AFIS/OVAR
294	321	JOSÉ TRIGO	M	43	01:58:47	01:57:27	INDIVIDUAL
295	467	HELDER SOUSA	M	43	01:59:17	01:57:48	BUDEGUITA RUNNERS
296	1933	MOREIRA SLIMANI	M	43	01:59:28	01:58:23	SANTINHA
297	1881	PEDRO ESTRELA	M	43	01:59:50	01:58:13	INDIVIDUAL
298	1826	ANTÓNIO J M P AGUAS	M	40	02:00:11	01:59:57	INDIVIDUAL
299	528	DANIEL D C ANTUNES	M	42	02:00:45	01:59:38	C BENFICA FIGUEIRA FOZ
300	2069	RICARDO M M NEVES	M	42	02:00:54	02:00:12	NAMADORES
301	1819	RICARDO BARROS	M	40	02:00:56	01:59:57	MAQMOTOR
302	1141	AUGUSTO REIS	M	42	02:01:19	01:59:38	INDIVIDUAL
303	416	JOAQUIM P R FERREIRA	M	44	02:01:22	02:00:27	I-RUN
304	544	ANDRÉ M G MAKRILLOÚ	M	41	02:01:27	02:00:19	INDIVIDUAL
305	642	ALEXANDRE MONTEIRO	M	44	02:01:44	02:00:37	C VETERANOS PORTO
306	1171	SERAFIM N PEREIRA	M	40	02:01:51	02:00:21	INDIVIDUAL
307	1747	MIGUEL DIAS	M	43	02:01:56	02:00:37	PORTO RUNNERS
308	1319	VALI A RIBEIRO	M	41	02:02:34	02:00:56	INDIVIDUAL
309	1538	SANDRO RILHO	M	42	02:03:07	02:02:42	INDIVIDUAL
310	1081	VITOR HENRIQUES	M	40	02:03:50	02:02:52	STREET RUNNERS
311	1662	ANTÓNIO MORAIS	M	43	02:03:56	02:02:30	MATA CHIBAS
312	720	AUGUSTO RICARDO	M	42	02:04:02	02:04:02	HM TRAINING GROUP
313	798	RUI M C TAVEIRA	M	40	02:04:59	02:03:28	INDIVIDUAL
314	1847	JORGE CASTRO	M	43	02:05:23	02:03:54	INDIVIDUAL
315	1034	AQUILES M M SILVA	M	42	02:05:35	02:05:02	GOLDEN SMILE
316	1846	LUIS M B C MOREIRA	M	44	02:05:36	02:04:29	BV FIGUEIRA FOZ
317	444	JOÃO J R CARVALHO	M	44	02:05:42	02:04:36	PUPILOS DO ZÉ TÓ
318	1281	MIGUEL P CAMANHO	M	41	02:05:55	02:04:58	INDIVIDUAL
319	1430	PAULO A R ALMEIDA	M	43	02:06:04	02:04:22	INDIVIDUAL
320	1231	ANTÓNIO M S DOMINGUES	M	43	02:06:35	02:05:16	INDIVIDUAL
321	1921	JOSÉ ELÍSIO	M	42	02:07:18	02:06:09	INDIVIDUAL
322	1362	ROLANDO FERREIRA	M	41	02:08:06	02:07:00	SPRINTOLOS
323	2105	PEDRO SEIXAS	M	40	02:08:33	02:07:09	ORALKLASS-ALIANÇA-AMIGOS TRAIL
324	1047	AGOSTINHO TORRES	M	40	02:09:54	02:08:37	PERNETAS
325	307	VITOR COSTA	M	41	02:10:30	02:09:38	A VALE SILÊNCIO
326	1236	VICTOR PAIVA	M	42	02:12:06	02:10:31	RAINHA CLUB
327	219	NUNO MATIAS	M	42	02:12:38	02:11:57	INDIVIDUAL
328	1221	MANUEL CARDOSO	M	41	02:12:58	02:09:38	CLUBE ZUPPER
329	620	JOSÉ A S FERREIRA	M	42	02:15:03	02:13:53	TRAVESSINHAS
330	1515	CLAUDIO M C SILVA	M	40	02:15:22	02:14:03	PERNETAS

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
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1	250	AUGUSTO COSTA	M	45	01:09:03	01:09:02	AMIGOS DA MONTANHA
2	1418	ANTÓNIO FERNANDES	M	47	01:09:29	01:09:28	ACR VALE CAMBRA
3	85	MANUEL URBANO	M	47	01:13:20	01:13:19	GDC GUILHOVAI
4	1790	MARIO CARREIRA	M	47	01:14:20	01:14:17	PORTO RUNNERS
5	2018	HENRIQUE DIAS	M	49	01:14:34	01:14:31	GDR RETORTA
6	2019	FILIPE SILVA	M	48	01:14:34	01:14:32	GDR RETORTA
7	1110	JOÃO CAVADAS	M	48	01:14:58	01:14:58	CSRDC SANTIAGO
8	1460	CARLOS OLIVEIRA	M	45	01:15:21	01:15:20	JOBRA A JOVENS BRANCA
9	66	BALTAZAR SOUSA	M	46	01:16:57	01:16:56	BOAVISTA FC
10	949	FERNANDO SILVA	M	46	01:17:05	01:17:02	CP MANGUALDE
11	1465	LUIS MAGALHÃES	M	47	01:17:24	01:17:12	JOBRA A JOVENS BRANCA
12	509	ANTÓNIO SOUSA	M	45	01:17:26	01:17:22	OS AMIGOS GRIJÓ
13	86	FERNANDO FERREIRA	M	49	01:17:29	01:17:24	GDC GUILHOVAI
14	256	MÁRIO SILVA	M	49	01:18:32	01:18:32	ADS SJ SERRA
15	854	RENATO SILVA	M	46	01:19:54	01:19:54	CALDAS S JORGE SC
16	1875	MÁRIO NOLASCO	M	46	01:20:49	01:20:45	ADERCUS
17	1482	JORGE BRITO	M	47	01:21:00	01:20:53	TOUTOU RUNNING
18	1008	MANUEL FERREIRA	M	47	01:21:18	01:20:55	GD AIRÃO CURVIA
19	1317	BELMIRO FERREIRA	M	49	01:21:48	01:21:42	GD LEÕES GUARDA
20	1151	JOSÉ SILVA	M	47	01:22:00	01:21:54	NA CUCUJÃES
21	2177	PAULO OLIVEIRA	M	46	01:22:02	01:21:56	OS FALTA D'AR
22	1422	ANTÓNIO PINTO	M	47	01:22:11	01:22:07	ACR VALE CAMBRA
23	462	MÁRIO BARBOSA	M	45	01:22:53	01:22:38	LIBERDADE FC
24	776	FRANCISCO TEIXEIRA	M	47	01:22:55	01:22:46	AR LUZ VIDA GONDOMARENSE
25	582	DAVIDE LOURENÇO	M	45	01:23:01	01:22:44	DÍNAMO CLUBE ESTAÇÃO
26	73	JOSÉ ALMEIDA	M	48	01:23:16	01:23:11	ACAD FERNANDA RIBEIRO
27	1871	JOSÉ OLIVEIRA	M	46	01:23:21	01:23:17	ADERCUS
28	504	PAULO J V GOMES	M	49	01:23:36	01:23:30	INDIVIDUAL
29	1424	CELSO PAIVA	M	49	01:23:37	01:23:37	ACR VALE CAMBRA
30	137	PEDRO AMARO	M	47	01:23:44	01:23:27	OS RIBEIRINHOS
31	1616	JOSE BRITO	M	49	01:24:14	01:23:22	INDIVIDUAL
32	1964	JORGE VALE	M	45	01:24:19	01:24:08	SR CEPANENSE
33	834	MANUEL AUGUSTO	M	46	01:24:19	01:23:54	CALDAS S JORGE SC
34	1793	SALVADOR FADILHA	M	49	01:24:38	01:24:38	CD FEIRENSE
35	887	JOSÉ C C P SÁ	M	48	01:24:41	01:24:04	CCDR FUNDO VILA SJ MADEIRA
36	855	ARLINDO SANTOS	M	49	01:24:47	01:24:40	CALDAS S JORGE SC
37	823	DAVID LEITE	M	48	01:25:25	01:24:39	CALDAS S JORGE SC
38	2132	HELDER G M PINHEIRO	M	45	01:25:27	01:24:28	INDIVIDUAL
39	2056	ADRIANO OLIVEIRA	M	45	01:25:34	01:25:26	LUSITANOS
40	602	GERMANO CAPELA	M	48	01:25:59	01:25:51	CA BARREIRA
41	88	JOAQUIM FERREIRA	M	46	01:25:59	01:25:54	GDC GUILHOVAI
42	127	ANTÓNIO MEIRA	M	49	01:26:13	01:26:06	FERREIROLUX
43	94	ANTÓNIO SANTOS	M	48	01:26:14	01:26:14	GDC GUILHOVAI
44	658	HUMBERTO LOPES	M	46	01:26:23	01:26:04	GDF CAMPANHÃ
45	1667	ROGÉRIO CAMPOS	M	46	01:26:48	01:26:42	CD FEIRENSE
46	863	CLÁUDIO QUEIROGA	M	46	01:26:50	01:26:31	DÍNAMO CLUBE ESTAÇÃO
47	1212	ANTONIO COSTA	M	46	01:27:11	01:26:46	GJ PINHEIRO BEMPOSTA

48	1463	JOÃO NEVES	M	46	01:27:17	01:27:02	JOBRA A JOVENS BRANCA
49	1187	CARLOS CARDOSO	M	48	01:27:31	01:27:21	AD RIO LARGO C ESPINHO
50	230	VITOR GOMES	M	45	01:27:37	01:27:33	ATLÉTICO DA PÓVOA
51	811	VITOR OLIVEIRA	M	49	01:27:55	01:27:40	C BENFICA FIGUEIRA FOZ
52	719	CARLOS MOTA	M	47	01:28:00	01:27:53	CA GAIENSES/TOYOTA
53	2074	JOSE SILVA	M	48	01:28:06	01:27:56	NA TAIPAS
54	1435	JULIO RIBEIRO	M	49	01:28:20	01:28:14	CF OLIVEIRA DOURO
55	755	JOSE LEAL	M	45	01:28:20	01:27:37	BTTRAIN - C FERROV COIMBRA
56	1182	CARLOS M P VIEIRA	M	47	01:28:33	01:27:21	OS CACHOS
57	309	EDUARDO P P TEIXEIRA	M	47	01:28:53	01:28:44	CTADTRILHOSDECINFAES
58	1796	MIGUEL BARBOSA	M	48	01:29:40	01:29:33	INDIVIDUAL
59	2072	MANUEL MOTA	M	49	01:29:42	01:29:17	NA TAIPAS
60	144	ROBERTO LEAL	M	47	01:30:02	01:29:29	OS RIBEIRINHOS
61	400	ANTÓNIO M C VICENTE	M	48	01:30:08	01:29:35	INDIVIDUAL
62	828	JOSE CARVALHO	M	45	01:30:25	01:29:38	CALDAS S JORGE SC
63	74	JOSÉ SOARES	M	47	01:30:25	01:30:20	ACAD FERNANDA RIBEIRO
64	2073	JOAO FONTAO	M	49	01:30:44	01:29:46	NA TAIPAS
65	1290	PAULO OLIVEIRA	M	45	01:31:09	01:30:54	GCR ALVARELHOS
66	1610	MANUEL ROCHA	M	48	01:31:11	01:29:55	PORTO RUNNERS
67	1624	LUÍS SILVA	M	46	01:31:18	01:30:56	AASM TRIATLO
68	1944	ANTÓNIO M VALENTE	M	46	01:31:31	01:31:16	GRECAS - VAGOS
69	2085	FRANCISCO CUNHA	M	45	01:31:41	01:31:21	NA TAIPAS
70	883	PAULO CARNEIO	M	47	01:31:48	01:31:39	ASH MONTE CÓRDOVA
71	802	EDUARDO P F MARTINS	M	46	01:31:52	01:31:27	INDIVIDUAL
72	2033	PEDRO BRITO	M	45	01:31:54	01:31:28	INDIVIDUAL
73	1760	MANUEL GRILO	M	49	01:32:00	01:31:20	CALDAS S JORGE SC
74	1531	PAULO MOREIRA	M	46	01:32:04	01:31:43	GAVIOES
75	1772	CARLOS GUERRA	M	47	01:32:19	01:31:25	RD ÁGUEDA
76	992	LUIS CONCEIÇÃO	M	48	01:32:36	01:32:29	GD S PAIO OLEIROS
77	1738	MANUEL PINHEIRO	M	46	01:32:41	01:32:07	INDIVIDUAL
78	160	MANUEL OLIVEIRA	M	49	01:32:42	01:32:30	OS FALTA D AR
79	495	ÁLVARO SOUSA	M	46	01:32:43	01:32:27	OS SANTA APOLONIA
80	211	GABRIEL SILVA	M	47	01:32:57	01:32:51	CA OVAR
81	424	JOAQUIM MONTEIRO	M	49	01:32:59	01:31:25	LEÕES DA AGRA
82	407	RUI COSTA	M	49	01:33:10	01:32:34	BARRINHA SURF SOHOOL
83	1770	MANUEL G PEREIRA	M	48	01:33:16	01:31:58	LOUSADA RUNNERS
84	585	JORGE MANUEL	M	49	01:33:25	01:32:58	INDIVIDUAL
85	1882	ANTÓNIO J A VALENTE	M	45	01:33:26	01:33:11	INDIVIDUAL
86	1956	ANTÓNIO MENDES	M	49	01:33:28	01:33:18	SR CEPANENSE
87	995	RUI EUSÉBIO	M	47	01:33:30	01:33:22	ACAD FERNANDA RIBEIRO
88	1417	JOAQUIM MARTINS	M	45	01:33:34	01:32:00	N KARATE ATLETISMO RORIZ
89	145	ARTUR TOMÁS	M	45	01:33:49	01:33:15	OS RIBEIRINHOS
90	635	LUIS SANTOS	M	47	01:33:55	01:33:38	C VETERANOS PORTO
91	152	ALBERTO MENDONÇA	M	49	01:34:00	01:32:49	AÇOREANA SEGUROS
92	1925	JORGE ALMEIDA	M	46	01:34:03	01:33:39	RAINHA CLUB
93	1289	AMARO SILVA	M	48	01:34:06	01:33:50	GCR ALVARELHOS
94	1097	ANTONIO NEVES	M	49	01:34:07	01:33:27	RAMADAS DO ASFALTO

95	1691	ANTÓNIO NUNES	M	46	01:34:11	01:33:36	SOMOS PORTO
96	469	ANTÓNIO CASTRO	M	49	01:34:12	01:33:35	CD FEIRENSE
97	1191	RUI SILVA	M	48	01:34:13	01:33:27	AD RIO LARGO C ESPINHO
98	681	JOSE PEREIRA	M	49	01:34:16	01:34:00	INDIVIDUAL
99	2209	VITOR SILVA	M	47	01:34:24	01:34:11	A POVOA
100	52	PAULO FERNANDES	M	46	01:34:31	01:34:20	AFIS/OVAR
101	541	MÁRIO J P C MARTINS	M	48	01:34:39	01:34:28	INDIVIDUAL
102	1818	JOSÉ MORAIS	M	48	01:34:44	01:34:32	CANSC
103	1013	LUIS M A G M SANTOS	M	45	01:34:45	01:34:25	TRAILISTAS EU É QUE SEI!
104	1477	RUI SOUSA	M	45	01:34:48	01:33:48	OS KAGADOS
105	967	AMILCAR FERREIRA	M	49	01:34:50	01:33:46	NA CUCUJÃES
106	1996	JOÃO P CORREIA	M	49	01:34:58	01:34:40	LOUSADA RUNNERS
107	1918	CARLOS CANITO	M	46	01:35:02	01:34:43	GCR ALVARELHOS
108	987	MIGUEL BARROS	M	45	01:35:02	01:34:48	AD AMARANTE
109	848	VITOR SILVA	M	47	01:35:02	01:34:11	CALDAS S JORGE SC
110	1940	HUMBERTO J M TEIXEIRA	M	47	01:35:05	01:34:30	INDIVIDUAL
111	860	JOÃO P S RODRIGUES	M	49	01:35:15	01:34:22	INDIVIDUAL
112	1674	SALOMÃO C ABREU	M	45	01:35:21	01:34:48	INDIVIDUAL
113	2217	RUI FELGUEIRAS	M	45	01:35:25	01:35:06	C MILLENNIUM BCP
114	2082	MANUEL FREITAS	M	49	01:35:35	01:35:09	NA TAIPAS
115	71	LUIS ARAUJO	M	48	01:35:46	01:35:15	BOAVISTA FC
116	678	JORGE GONÇALVES	M	49	01:35:54	01:35:48	CD FEIRENSE
117	749	JOSÉ M M ALVES	M	46	01:36:02	01:35:19	INDIVIDUAL
118	1159	LUIS LEÇA	M	46	01:36:08	01:35:25	CP TELECOM ZONA NORTE
119	520	PAULO SILVA	M	48	01:36:15	01:35:46	MOVOL
120	1180	MANUEL RAMOS	M	48	01:36:17	01:35:05	C GALP ENERGIA - NÚCLEO NORTE
121	1117	NUNO F P MAGALHÃES	M	47	01:36:19	01:36:19	TARTARUGAS DO ASFALTO
122	2121	NORBERTO T COSTA	M	48	01:36:20	01:36:12	INDIVIDUAL
123	2191	CARLOS NUNES	M	48	01:36:26	01:35:56	INDIVIDUAL
124	425	ANTÓNIO GONÇALVES	M	49	01:36:38	01:35:03	LEÕES DA AGRA
125	599	MANUEL SILVA	M	46	01:36:38	01:35:56	ARCOZELO.ATLETAS
126	779	JOÃO A M F CAPA	M	45	01:36:48	01:36:16	INDIVIDUAL
127	892	VIRGÍLIO A C CARÇÃO	M	46	01:36:57	01:36:22	CP TELECOM ZONA NORTE
128	866	PEDRO SANCHES	M	46	01:37:20	01:36:17	GDR JUVENTUDE RIBEIRAS
129	287	PEDRO MONTEIRO	M	45	01:37:27	01:37:27	VITALIS
130	1104	JOSÉ C PINTO	M	45	01:37:32	01:36:37	INDIVIDUAL
131	492	JORGE OLIVEIRA	M	49	01:37:41	01:37:32	INDIVIDUAL
132	1345	MANUEL GILVAZ	M	46	01:37:44	01:37:01	INDIVIDUAL
133	1307	ANTONIO J R GOMES	M	49	01:37:44	01:37:09	GC SANTO TIRSO
134	481	LUIS COTRIM	M	49	01:37:56	01:37:28	OS CANSADOS
135	1057	LUÍS P S TEIXEIRA	M	48	01:38:00	01:37:21	INDIVIDUAL
136	1350	ANTÓNIO CORUCHO	M	49	01:38:06	01:37:18	INDIVIDUAL
137	1617	JORGE MEIRELES	M	46	01:38:18	01:36:35	INDIVIDUAL
138	725	DAVID SOUSA	M	47	01:38:20	01:38:02	SUNSET RUNNERS
139	569	JOSÉ PINHEL	M	47	01:38:35	01:38:25	INDIVIDUAL
140	1529	MANUEL SILVA	M	47	01:38:46	01:38:46	GAVIOES
141	1948	XAVIER OLIVEIRA	M	45	01:38:51	01:38:51	XAVIER OLIVEIRA POR JOANE

142	968	JOSÉ TAVARES	M	46	01:39:13	01:38:27	NA CUCUJÃES
143	1481	CLEMENTE TEIXEIRA	M	46	01:39:13	01:38:53	TOUTOU RUNNING
144	2067	ARMINDO MIGUEL	M	45	01:39:15	01:38:17	INDIVIDUAL
145	821	ANTONIO CONCEIÇÃO	M	46	01:39:22	01:38:37	CALDAS S JORGE SC
146	1585	NUNO CÁCERES	M	47	01:39:23	01:38:08	PORTO RUNNERS
147	170	JOSÉ VIEIRA	M	47	01:39:35	01:38:34	OS FALTA D AR
148	119	JULIO RIBEIRO	M	49	01:39:36	01:38:52	MF MARTINS
149	210	MANUEL SILVA	M	49	01:39:49	01:39:05	CA OVAR
150	355	FERNANDO SANTOS	M	49	01:39:56	01:39:39	INDIVIDUAL
151	1095	NIGUEL SILVA	M	46	01:39:56	01:39:14	RAMADAS DO ASFALTO
152	1399	HÉLDER RAMOS	M	48	01:40:01	01:40:01	GD GAFANHA
153	984	EDGAR COSTA	M	45	01:40:04	01:39:01	CA OVAR
154	1829	ANTONIO F N PEREIRA	M	48	01:40:28	01:40:04	INDIVIDUAL
155	158	ANTÓNIO MACHADO	M	47	01:40:48	01:39:42	XAVIER OLIVEIRA POR JOANE
156	441	JOSÉ A P RODRIGUES	M	45	01:41:06	01:40:02	PUPILOS DO ZÉ TÓ
157	1301	PAULO MOREIRA	M	46	01:41:16	01:40:26	CCD APDL
158	758	PEDRO BASTOS	M	47	01:41:19	01:41:09	INDIVIDUAL
159	857	PAULINO PAIS	M	45	01:41:24	01:40:47	CALDAS S JORGE SC
160	1950	CARLOS CUNHA	M	45	01:41:25	01:40:26	XAVIER OLIVEIRA POR JOANE
161	157	CARLOS MACHADO	M	47	01:41:25	01:40:25	XAVIER OLIVEIRA POR JOANE
162	822	VITOR ALMEIDA	M	48	01:41:32	01:41:32	CALDAS S JORGE SC
163	1622	JOÃO OLIVEIRA	M	46	01:41:37	01:41:04	GD SANTANDER TOTTA
164	51	MIGUEL VIEGAS	M	46	01:42:03	01:40:38	AFIS/OVAR
165	1094	NUNO ALVES	M	46	01:42:05	01:41:24	RAMADAS DO ASFALTO
166	2083	JOAO SOUSA	M	47	01:42:14	01:42:07	NA TAIPAS
167	1204	JOSÉ M G CORREIA	M	46	01:42:20	01:41:43	CP TELECOM ZONA NORTE
168	310	RUI LEBRE	M	46	01:42:21	01:41:54	TARTARUGAS DO ASFALTO
169	1982	MÁRIO NOBREGA	M	48	01:42:25	01:41:55	CANSC
170	2221	GUSTAVO ROXO	M	48	01:42:33	01:41:30	INVICTA RUNNERS TEAM
171	266	ANDRÉ CORREIA	M	45	01:42:39	01:41:22	MAIA AC/CRIOBABY
172	1038	CAMILO GUEDES	M	46	01:42:57	01:41:29	CP AGUAS GAIA
173	1998	LUIS FERREIRA	M	45	01:43:11	01:42:07	INDIVIDUAL
174	753	VASCO BORGES	M	46	01:43:13	01:42:00	BTTRAIN - C FERROV COIMBRA
175	235	DAMIÃO PACHECO	M	45	01:43:16	01:41:47	INDIVIDUAL
176	1025	DIAMANTINO J O VALQUARESMA	M	47	01:43:36	01:43:10	INDIVIDUAL
177	1631	JOSÉ FERNANDES	M	49	01:43:37	01:42:44	INDIVIDUAL
178	696	PAULO PEREIRA	M	45	01:43:44	01:43:12	INDIVIDUAL
179	131	JOÃO ARANTES	M	48	01:43:45	01:43:12	FERREIROLUX
180	1574	JOSÉ MARTINS	M	49	01:43:48	01:42:24	C VETERANOS LIS
181	53	PAULO OLIVEIRA	M	48	01:44:29	01:44:14	AFIS/OVAR
182	376	PEDRO VENTURA	M	48	01:44:29	01:44:24	INDIVIDUAL
183	685	PAULO M ALVES	M	45	01:44:32	01:43:06	INDIVIDUAL
184	1026	JOSÉ J L TEIXEIRA	M	48	01:44:42	01:43:47	LOUSADA RUNNERS
185	1523	AUGUSTO MENDES	M	48	01:44:50	01:44:04	GAVIOES
186	1666	CARLOS J S SAMPAIO	M	49	01:45:14	01:45:14	INDIVIDUAL
187	1677	JORGE M N MAGALHÃES	M	45	01:45:29	01:44:55	INDIVIDUAL
188	2049	HÉLDER PEREIRA	M	48	01:45:30	01:44:48	NAMADORES

189	452	HENDRIK WIELINGA	M	47	01:45:34	01:44:04	BUDEGUITA RUNNERS
190	610	DAVID RODRIGUES	M	45	01:45:37	01:45:16	MOUTADOS TEAM
191	563	MANUEL GOMES	M	49	01:46:08	01:44:54	TIKI-TAKA RUNNERS
192	2120	ANTERO CUNHA	M	47	01:46:12	01:46:00	INDIVIDUAL
193	896	ALBERTO TADEIA	M	47	01:46:14	01:45:21	GCADONAS
194	281	JOSÉ AZEVEDO	M	49	01:46:23	01:46:23	INDIVIDUAL
195	1374	BELMIRO LOPES	M	45	01:46:37	01:45:52	CA LAMAS
196	2003	CELESTINO GARCIA	M	46	01:46:57	01:45:48	INDIVIDUAL
197	901	ANTONIO F D M VILARIÇA	M	47	01:47:07	01:46:37	INDIVIDUAL
198	1172	JOSÉ G C MOREIRA	M	48	01:47:13	01:45:30	TERRORES DO ASFALTO
199	411	ANDREW MURPHY	M	48	01:47:21	01:46:01	INDIVIDUAL
200	955	ANTÓNIO LEITE	M	46	01:47:31	01:46:18	NA CUCUJÃES
201	1352	JOSÉ J R COSTA	M	48	01:47:44	01:46:43	AC VERMOIM
202	1601	EDUARDO FALCÃO	M	45	01:48:01	01:46:56	PERDI O TÁXI
203	1976	FILIFE PIRES	M	45	01:48:12	01:47:45	TARTARUGAS DO ASFALTO
204	1200	ANTONIO FLOR	M	46	01:48:53	01:48:01	INDIVIDUAL
205	1053	FERNANDO ROTHES	M	45	01:49:06	01:48:42	COMPANHIA BAZOFIAS
206	698	JORGE COSTA	M	47	01:49:26	01:48:01	INVICTA RUNNERS TEAM
207	1751	ORLANDO PARENTE	M	45	01:49:30	01:48:38	RUN TO BE ALIVE
208	1586	OCTAVIO ARROTEA	M	45	01:49:30	01:47:55	OS SANTA APOLONIA
209	1717	AMADEU MEDEIROS	M	48	01:49:31	01:49:18	INDIVIDUAL
210	1969	MANUEL F ALVES	M	47	01:49:31	01:47:55	INDIVIDUAL
211	100	CARLOS ARAÚJO	M	47	01:49:40	01:48:46	CLUBE MILLENNIUM BCP
212	833	MARTINHO SANTOS	M	48	01:49:40	01:48:50	CALDAS S JORGE SC
213	2136	CARLOS DURAES	M	45	01:49:47	01:49:38	INDIVIDUAL
214	457	PAULO RIBEIRO	M	47	01:49:48	01:48:59	VILLA CESARI
215	795	JOSÉ MARQUES	M	45	01:50:42	01:50:37	CA MATOSINHOS
216	1269	MANUEL R M PINHO	M	49	01:50:54	01:49:20	AQS CONSULTORES SEGUROS LDA
217	319	CARLOS PEREIRA	M	49	01:51:10	01:49:45	FALTA MUITO
218	2219	RICARDO BEIRÃO	M	47	01:51:20	01:50:25	C MILLENNIUM BCP
219	1271	ARMANDO FERREIRA	M	46	01:51:28	01:49:55	AQS CONSULTORES SEGUROS LDA
220	2216	ALVARO PINTO	M	45	01:51:45	01:51:26	C MILLENNIUM BCP
221	1372	ANTONIO JESUS	M	45	01:51:48	01:50:38	LOUSADA RUNNERS
222	1995	PAULO GOMES	M	45	01:51:54	01:50:45	INDIVIDUAL
223	1771	LEONEL CARLOS	M	46	01:52:00	01:50:24	INDIVIDUAL
224	1729	VITOR MANUEL	M	45	01:52:26	01:51:23	INVICTA RUNNERS TEAM
225	1682	MIGUEL MAGALHAES	M	47	01:52:54	01:51:38	PORTO RUNNERS
226	1720	JOAQUIM VIANA	M	46	01:52:56	01:51:39	PORTO RUNNERS
227	936	MIGUEL P SILVA	M	45	01:52:58	01:51:45	GDS S JOÃO MADEIRA
228	1883	EDUARDO GONCALVES	M	45	01:53:08	01:51:51	INDIVIDUAL
229	784	JOSÉ C LOPES	M	45	01:53:31	01:53:13	USF CRUZ DE CELAS - COIMBRA
230	461	PEDRO VEIGA	M	45	01:54:27	01:53:42	INDIVIDUAL
231	940	JORGE P SILVA	M	48	01:54:30	01:54:20	INDIVIDUAL
232	2007	JORGE GONCALO	M	46	01:55:24	01:55:03	TONDELA RUNNERS
233	1765	JOSÉ C PEREIRA	M	47	01:55:30	01:54:23	JJJ RUN VILA REAL
234	1899	JORGE SILVA	M	46	01:55:46	01:55:00	CIRAC
235	1680	BELMIRO LOPES	M	45	01:56:13	01:55:34	CA LAMAS

236	1620	JOSÉ M P COELHO	M	45	01:57:27	01:56:26	INDIVIDUAL
237	962	ANTÓNIO SILVA	M	45	01:57:38	01:56:39	NA CUCUJÃES
238	1828	MANUEL A S TEIXEIRA	M	46	01:57:40	01:56:29	I-RUN
239	1270	PAULO J L SA	M	46	01:57:54	01:56:19	AQS CONSULTORES SEGUROS LDA
240	195	JOSÉ RODRIGUES	M	49	01:57:58	01:56:31	GAIA RUNNING
241	1786	ANTÓNIO CUNHA	M	47	01:57:58	01:56:53	PORTO RUNNERS
242	367	MÁRIO R R ALMEIDA	M	47	01:58:19	01:57:15	INDIVIDUAL
243	1678	RUI GUEDES	M	48	01:58:36	01:57:23	INDIVIDUAL
244	1177	PAULO T FONTES	M	45	01:58:46	01:57:34	GD SANTANDER TOTTA
245	194	JOSÉ LOPES	M	45	01:59:01	01:57:36	GAIA RUNNING
246	1014	CLAUDIO MARINHO	M	46	01:59:38	01:58:20	INDIVIDUAL
247	1338	RUI M A ABRANTES	M	48	02:00:46	02:00:46	INDIVIDUAL
248	1824	JOSE V TAVARES	M	48	02:01:04	01:59:34	INDIVIDUAL
249	1851	ALTAMIRO MACHADO	M	45	02:01:31	02:01:19	RUN 4 PRINCIPLES
250	1641	SERGIO PINHEIRO	M	46	02:01:41	02:00:06	RAINHA CLUB
251	1927	VITOR MARTINS	M	47	02:01:54	02:00:17	INDIVIDUAL
252	1800	MARC SACHS	M	48	02:02:00	02:00:38	VITALIS RUNNING TEAM
253	1801	TIAGO DUARTE	M	47	02:02:00	02:00:38	VITALIS RUNNING TEAM
254	398	CARLOS A M DIAS	M	48	02:02:58	02:02:08	ACAD FERNANDA RIBEIRO
255	1840	PAULO J T PEREIRA	M	45	02:03:07	02:02:18	EDUART - COMPONENTES CALÇADO
256	1839	LUÍS F M SOARES	M	48	02:03:27	02:02:39	EDUART - COMPONENTES CALÇADO
257	722	ANTÓNIO J CAMPELOS	M	49	02:04:02	02:02:37	HM TRAINING GROUP
258	317	ADELINA FREITAS	M	47	02:04:43	02:04:11	INDIVIDUAL
259	155	LUIS MACHADO	M	48	02:04:49	02:04:13	AÇOREANA SEGUROS
260	2040	EMILIO SILVA	M	47	02:07:06	02:05:48	INDIVIDUAL
261	2028	MÁRIO PINHÃO	M	49	02:08:56	02:07:16	INDIVIDUAL
262	1665	PAULO J V ALMEIDA	M	47	02:09:06	02:09:02	MOSTEIRÔ FC
263	368	ANTÓNIO M B C LEITE	M	46	02:12:28	02:11:23	INDIVIDUAL
264	899	CARLOS PEREIRA	M	49	02:16:36	02:15:22	ECOMOBILE - ALUGUER AUTOMÓVEIS
265	900	MANUEL NEVES	M	46	02:24:03	02:22:28	INDIVIDUAL
266	886	JORGE QUERALES	M	47	02:24:52	02:24:30	CICLISTAS CÓSMICOS - GISLOTICA
267	1272	PAULO MATOS	M	45	02:27:22	02:25:47	AQS CONSULTORES SEGUROS LDA
268	2173	CARLOS CARVALHO	M	46	02:40:20	02:38:41	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2022	ADELINO J S FERNADES	M	51	01:14:43	01:14:38	CYCLONES SANITOP
2	1050	JOAQUIM M J LOPES	M	51	01:15:35	01:15:33	PORTO RUNNERS
3	1452	MANUEL ALVES	M	50	01:17:14	01:17:12	CC S JOÃO MADEIRA
4	1066	ULISSES LOPES	M	51	01:17:29	01:17:26	CPT BAIRRO CARCAVELOS
5	997	ANTÓNIO JESUS	M	52	01:17:35	01:17:29	ACAD FERNANDA RIBEIRO
6	33	JOÃO PEREIRA	M	54	01:17:42	01:17:42	AFIS/OVAR
7	840	JOSE TAVARES	M	50	01:18:00	01:17:56	CALDAS S JORGE SC
8	1872	PAULO MIGUEL	M	51	01:18:07	01:18:04	ADERCUS
9	2020	JOAQUIM ROCHA	M	50	01:18:58	01:18:55	GDR RETORTA
10	60	JORGE LUZ	M	51	01:19:01	01:18:58	BOAVISTA FC
11	72	ALEXANDRE MATOS	M	51	01:19:35	01:19:33	BOAVISTA FC

12	961	ERNESTO ALMEIDA	M	54	01:19:56	01:19:55	NA CUCUJÃES
13	1688	JOAQUIM RODRIGUES	M	50	01:20:21	01:20:17	CRISNEL KIDS
14	870	MARIO GONÇALVES	M	51	01:21:34	01:21:30	GDR JUVENTUDE RIBEIRAS
15	429	JOSE MOTA	M	53	01:23:00	01:22:40	CDCR CTT PORTO
16	1291	FERNANDO MAIA	M	51	01:23:23	01:23:08	GCR ALVARELHOS
17	106	ALBERTO SOARES	M	50	01:23:59	01:23:47	MF MARTINS
18	965	ANTÓNIO FERNANDES	M	54	01:24:08	01:23:51	NA CUCUJÃES
19	907	LUÍS SIMÕES	M	54	01:25:11	01:25:02	INDIVIDUAL
20	1464	JOÃO VINHA	M	50	01:25:44	01:25:16	JOBRA A JOVENS BRANCA
21	1870	RODRIGO SILVA	M	53	01:25:57	01:25:53	ADERCUS
22	2076	JOAO BARBOSA	M	51	01:26:00	01:25:51	NA TAIPAS
23	2202	VITOR SOUSA	M	51	01:26:03	01:25:10	MAIA AC/CRIOBABY
24	1286	LUIS PINHO	M	50	01:26:45	01:26:15	ADEC MACIEIRA SARNES
25	209	MARIO VAZ	M	51	01:26:49	01:26:41	CA OVAR
26	1010	MANUEL AZEVEDO	M	52	01:26:55	01:26:39	GD AIRÃO CURVIA
27	865	JOSE BRAGA	M	53	01:27:25	01:26:23	GDR JUVENTUDE RIBEIRAS
28	993	MARIO NOGUEIRA	M	50	01:27:44	01:27:38	GD S PAIO OLEIROS
29	1462	FRANCISCO SOARES	M	53	01:28:05	01:27:34	JOBRA A JOVENS BRANCA
30	1369	VASCO LADEIRO	M	54	01:28:15	01:28:15	GD GAFANHA
31	1107	FRANCISCO NOVAIS	M	51	01:28:37	01:28:16	VITÓRIA SPORT CLUBE
32	1618	DIOGO COUCEIRO	M	51	01:28:50	01:28:44	INDIVIDUAL
33	329	ANTÓNIO NASCIMENTO	M	52	01:28:53	01:28:47	FC OLIVEIRA DOURO
34	2220	JOSÉ BRAGADA	M	52	01:28:59	01:28:47	G C BRAGANÇA
35	46	MANUEL FONSECA	M	54	01:29:03	01:29:03	AFIS/OVAR
36	1986	DINIS TAVARES	M	51	01:29:30	01:29:23	FIT4FUN
37	1987	FERNANDO SACRAMENTO	M	50	01:29:30	01:29:22	FIT4FUN
38	842	JOAO PINTO	M	51	01:29:52	01:29:11	CALDAS S JORGE SC
39	1917	JOÃO J C F SILVA	M	54	01:30:16	01:30:09	INDIVIDUAL
40	2168	EDUARDO SOARES	M	53	01:30:17	01:30:05	INDIVIDUAL
41	986	CARLOS COSTA	M	53	01:30:49	01:30:39	CA OVAR
42	215	AMÉRICO VALENTE	M	53	01:30:50	01:30:48	SS CM OVAR
43	1407	VICTOR CARVALHO	M	50	01:31:02	01:30:34	INDIVIDUAL
44	1902	VALDEMAR ALVES	M	52	01:31:04	01:30:49	CIRAC
45	1654	FERNANDO P BARBOSA	M	51	01:31:15	01:31:10	INDIVIDUAL
46	487	RUI T OLIVEIRA	M	50	01:31:19	01:31:12	CR ESTARREJA
47	2197	ANICETO GUEDES	M	53	01:31:38	01:31:27	INDIVIDUAL
48	1292	MANUEL CASAIS	M	52	01:31:45	01:31:27	GCR ALVARELHOS
49	1288	MANUEL A D CARNEIRO	M	53	01:31:46	01:31:29	GCR ALVARELHOS
50	639	JOSÉ PIRES	M	54	01:31:47	01:31:38	C VETERANOS PORTO
51	1955	RUI AMORIM	M	50	01:31:53	01:31:21	INVICTA RUNNERS TEAM
52	1528	JUSTINO PEREIRA	M	52	01:32:05	01:31:44	GAVIOES
53	573	JOSÉ CARVALHO	M	50	01:32:08	01:32:03	INDIVIDUAL
54	1043	JOSÉ ADELINO	M	54	01:32:15	01:32:10	CP AGUAS GAIA
55	1042	ANTÓNIO SANTOS	M	51	01:32:15	01:32:02	CP AGUAS GAIA
56	480	JOSÉ OLIVEIRA	M	53	01:32:33	01:32:14	OS CANSADOS
57	173	VICTOR LEITE	M	54	01:32:37	01:31:52	OS FALTA D AR
58	174	JOSÉ SILVA	M	52	01:32:37	01:32:37	OS FALTA D AR

59	1709	ALVARO OLIVEIRA	M	54	01:33:02	01:32:56	INDIVIDUAL
60	1900	AMÉRICO COELHO	M	50	01:33:03	01:32:48	CIRAC
61	1077	ANTONIO AZEVEDO	M	52	01:33:05	01:32:57	BOAVISTA FC
62	882	LUÍS CARNEIRO	M	51	01:33:43	01:33:38	ASH MONTE CORDOVA
63	360	JORGEFONSECA	M	53	01:33:54	01:33:36	LOUSADA RUNNERS
64	1413	FRANCISCO LEMOS	M	53	01:34:06	01:33:35	CORRE CONOSCO FELGUEIRAS
65	574	JOSÉ CORREIA	M	51	01:34:41	01:34:35	INDIVIDUAL
66	477	RUI R SANTOS	M	50	01:35:04	01:34:54	PORTO RUNNERS
67	107	MAXIMIANO RODRIGUES	M	53	01:35:14	01:34:53	MF MARTINS
68	1308	ALBINO F FERNANDES	M	53	01:35:26	01:34:50	GC SANTO TIRSO
69	2215	MANUEL TEIXEIRA	M	53	01:35:39	01:34:29	C MILLENNIUM BCP
70	406	LUÍS F M MOTA	M	50	01:35:45	01:34:16	INDIVIDUAL
71	373	JOSÉ OLIVEIRA	M	50	01:35:51	01:34:10	INDIVIDUAL
72	511	JOSE C D CAMPOS	M	54	01:35:56	01:35:12	INDIVIDUAL
73	1472	AMÉRICO PINTO	M	53	01:35:56	01:35:49	CCDT CM GONDOMAR
74	616	PAULO O PINTO	M	50	01:36:32	01:35:56	KENYANOS ALBINOS
75	162	CARLOS FAZENDEIRO	M	53	01:36:33	01:36:18	OS FALTA D AR
76	1658	JOSE F M ROCHA	M	53	01:36:36	01:36:27	CP EDP - DELEGAÇÃO DE GAIA
77	868	FERNANDO VALENTE	M	54	01:36:38	01:36:14	GDR JUVENTUDE RIBEIRAS
78	463	JOSÉ F FERREIRA	M	50	01:36:40	01:36:05	PORTO RUNNERS
79	1197	ÂNGELO PEREIRA	M	53	01:37:02	01:35:26	CC GONDOMAR
80	1743	ANTONIO DIAS	M	54	01:37:12	01:36:26	GRE BONFIM
81	659	ANTÓNIO A SILVA	M	51	01:37:13	01:37:13	LOUSADA RUNNERS
82	2093	ANTONIO S CASTRO	M	52	01:37:16	01:37:09	NA TAIPAS
83	867	FRANCISCO SANTOS	M	50	01:37:19	01:36:15	GDR JUVENTUDE RIBEIRAS
84	1525	DOMINGOS PEREIRA	M	50	01:37:38	01:37:15	GAVIOES
85	91	JOAQUIM SILVA	M	51	01:37:40	01:37:21	GDC GUILHOVAI
86	707	JOSÉ SILVA	M	50	01:38:48	01:37:59	ACRDE
87	549	JUVENAL MAGUETA	M	54	01:38:49	01:38:12	GD GAFANHA
88	42	LUÍS OSÓRIO	M	52	01:39:05	01:38:47	AFIS/OVAR
89	1406	JOSÉ E M CAMPOS	M	51	01:39:07	01:38:39	INDIVIDUAL
90	594	FERNANDO FAUSTINO	M	52	01:39:08	01:38:30	INDIVIDUAL
91	1536	BELMIRO COSTA	M	51	01:39:16	01:38:48	INDIVIDUAL
92	1149	MANUEL LUÍS	M	54	01:39:32	01:38:28	NA CUCUJÃES
93	1098	JOSE TEIXEIRA	M	52	01:39:36	01:38:54	RAMADAS DO ASFALTO
94	521	ALBERTO ESPINHEIRA	M	53	01:39:46	01:39:11	MOVOL
95	1306	ALVARO M C MARQUES	M	52	01:39:50	01:39:11	GC SANTO TIRSO
96	2077	FRANCISCO MARQUES	M	54	01:40:09	01:39:00	NA TAIPAS
97	539	FRANCISCO LOBO	M	53	01:40:22	01:39:58	PORTO RUNNERS
98	1494	LUIS M TRIGO	M	50	01:40:30	01:39:33	CÃES AVENIDA
99	527	JOSÉ G M SANTOS	M	51	01:40:44	01:39:28	INDIVIDUAL
100	583	JOSÉ M C ESTEVES	M	51	01:41:04	01:40:27	HC VISEU
101	1912	FRANCLIM C PRATA	M	52	01:41:13	01:40:17	INDIVIDUAL
102	781	RUI QUELHAS	M	50	01:41:19	01:40:26	INDIVIDUAL
103	2091	PEDRO PINHEIRO	M	51	01:41:20	01:40:40	NA TAIPAS
104	726	JOSE SILVA	M	51	01:41:29	01:41:10	SUNSET RUNNERS
105	1903	CARLOS TAVARES	M	52	01:41:32	01:41:17	CIRAC

106	375	PAULO SANTOS	M	51	01:41:55	01:41:50	INDIVIDUAL
107	759	FERNANDO BASTOS	M	53	01:42:07	01:41:28	INDIVIDUAL
108	2023	ANTONIO MIRANDA	M	51	01:42:15	01:41:22	NOTURNOS DE PAREDES
109	651	ALBERTO M SOUSA	M	53	01:42:29	01:40:51	GDF CAMPANHÃ
110	110	JOSÉ B MORAIS	M	52	01:42:35	01:41:48	MF MARTINS
111	133	CARLOS MANO	M	50	01:42:42	01:42:03	FERREIROLUX
112	1888	NUNO ROCHA	M	51	01:42:45	01:41:36	INDIVIDUAL
113	2092	ANTONIO AFONSO	M	50	01:42:49	01:42:09	NA TAIPAS
114	1579	JOSÉ SILVA	M	51	01:43:03	01:41:55	AASM TRIATLO
115	1754	EMANUEL MADUREIRA	M	53	01:43:08	01:42:58	CANELAS RUN
116	2218	LEONEL POÇAS	M	53	01:43:13	01:41:51	C MILLENNIUM BCP
117	2089	ANTONIO RODRIGUES	M	53	01:43:21	01:42:41	NA TAIPAS
118	692	VITOR M ALVES	M	53	01:43:33	01:42:39	2SLOW2RUN
119	341	MAURINHO MENDES	M	54	01:43:52	01:43:34	OLHANENSE
120	349	JORGE M C RAMOS	M	51	01:43:54	01:43:46	INDIVIDUAL
121	1442	ANTONIO FERREIRA	M	54	01:44:02	01:43:43	INDIVIDUAL
122	1775	JORGE M G ARAÚJO	M	50	01:44:04	01:43:00	INDIVIDUAL
123	2131	ANTÓNIO S CUNHA	M	50	01:44:05	01:42:03	INDIVIDUAL
124	849	PAULO MILHEIRO	M	51	01:44:22	01:44:15	CALDAS S JORGE SC
125	694	ANTONIO MEDEIROS	M	50	01:44:29	01:43:47	RUNNERS MONTE AVENTINO
126	95	FIRMINO NOGUEIRA	M	50	01:44:44	01:44:06	CLUBE MILLENNIUM BCP
127	2057	FERNANDO RODRIGUES	M	50	01:44:57	01:44:47	LUSITANOS
128	2154	ANTÓNIO SOUTO	M	54	01:45:03	01:44:02	SMAS PORTO
129	2001	JOSÉ M COUTO	M	53	01:45:35	01:44:15	INDIVIDUAL
130	630	OSCAR LEITE	M	52	01:45:53	01:45:35	C VETERANOS PORTO
131	1779	JOSÉ VILELA	M	54	01:46:19	01:44:52	GRUPO OS BARRIGAS
132	1165	RICARDO FIGUEIREDO	M	50	01:46:22	01:45:58	WOLF RUNNERS
133	881	LUÍS CRUZ	M	50	01:46:30	01:46:00	TUBARÕES DE ESPINHO
134	435	PEDRO PEREIRA	M	52	01:46:47	01:46:01	CAPA15.07
135	727	MIGUEL SOUSA	M	53	01:47:19	01:47:02	SUNSET RUNNERS
136	1324	ANTÓNIO M F COSTA	M	53	01:47:22	01:46:23	INDIVIDUAL
137	185	PAULO RODRIGUES	M	53	01:47:29	01:46:54	LEÕES DE VENEZA
138	1949	JOSÉ MOREIRA	M	53	01:47:48	01:46:35	XAVIER OLIVEIRA POR JOANE
139	2141	JOSE NEVES	M	52	01:47:55	01:47:55	SMAS PORTO
140	1284	JOSÉ M PINTO	M	50	01:47:57	01:47:36	CICLISTAS CÓSMICOS - GISLOTICA
141	636	JOSÉ CALHEIROS	M	51	01:48:11	01:47:05	C VETERANOS PORTO
142	1970	JOSE FERNADES	M	50	01:48:18	01:47:24	INDIVIDUAL
143	1058	JOAQUIM P CARDOSO	M	50	01:48:20	01:47:22	INDIVIDUAL
144	1503	JOSÉ LEITE	M	51	01:48:32	01:47:07	HM TRAINING GROUP
145	1767	MÁRIO J GASPAR	M	50	01:49:10	01:48:09	JJJ RUN VILA REAL
146	364	AUGUSTO F M BARROS	M	52	01:49:11	01:47:45	INDIVIDUAL
147	1860	FERNANDO V LOPES	M	50	01:49:11	01:47:53	HAPPY FAMILY
148	1257	JOÃO VIEIRA	M	51	01:49:12	01:48:19	PINDÉRICUS & OUTROS
149	1068	CARLOS TADEIA	M	50	01:49:15	01:48:12	I-RUN
150	454	JÚLIO MOREIRA	M	54	01:49:18	01:48:04	VILLA CESARI
151	708	GERMANO SANTOS	M	52	01:49:33	01:48:44	ACRDE
152	575	ANTÓNIO CABRAL	M	50	01:49:35	01:48:33	INVICTA RUNNERS TEAM

153	614	JORGE COSTA	M	52	01:50:03	01:49:50	INDIVIDUAL
154	1886	JOSÉ A RODRIGUES	M	50	01:50:10	01:49:32	INDIVIDUAL
155	1563	MANUEL F S ALVES	M	52	01:50:32	01:49:09	CORRE CONOSCO FELGUEIRAS
156	2133	DANIEL NUNES	M	52	01:51:00	01:49:20	INDIVIDUAL
157	2048	VASCO GRANJA	M	52	01:51:03	01:50:26	NAMADORES
158	1778	JOSÉ OLIVEIRA	M	50	01:51:15	01:49:46	GRUPO OS BARRIGAS
159	1181	JOAQUIM M P VIEIRA	M	50	01:51:32	01:50:21	OS CACHOS
160	1183	MANUEL F M CARNEIRO	M	50	01:51:36	01:50:24	OS CACHOS
161	2075	JOAO SILVA	M	53	01:51:47	01:51:37	NA TAIPAS
162	445	JOSE SANTOS	M	51	01:51:49	01:51:38	INDIVIDUAL
163	21	ABILIO ANTUNES	M	51	01:51:50	01:51:19	AFIS/OVAR
164	810	ALVARO CERQUEIRA	M	53	01:51:58	01:51:39	AD AMARANTE
165	652	FERNANDO ANDRADE	M	54	01:52:24	01:51:56	GDF CAMPANHÃ
166	1410	PAULO FONSECA	M	53	01:53:11	01:52:19	OS AMIGOS S PEDRO COVA
167	587	ANTÓNIO BLECO	M	51	01:53:31	01:53:16	INDIVIDUAL
168	87	MANUEL ANDRADE	M	50	01:53:33	01:53:21	GDC GUILHOVAI
169	2087	JOSE LOPES	M	52	01:55:17	01:54:27	NA TAIPAS
170	2086	JOSE M MOTA	M	53	01:55:18	01:54:28	NA TAIPAS
171	744	FERNANDO RESENDE	M	54	01:55:36	01:54:26	INDIVIDUAL
172	637	PEDRO CRAVEIRO	M	51	01:56:01	01:54:22	C VETERANOS PORTO
173	791	PAULO VILAÇA	M	52	01:56:24	01:55:02	TUGAS NA ESTRADA
174	1262	MANUEL ALMEIDA	M	50	01:56:26	01:55:17	OS SANTA APOLONIA
175	156	JOAQUIM MACHADO	M	51	01:56:35	01:55:23	XAVIER OLIVEIRA POR JOANE
176	337	EURICO M P CAETANO	M	52	01:57:01	01:55:56	INDIVIDUAL
177	807	FERNANDO CERQUEIRA	M	51	01:57:03	01:56:43	AD AMARANTE
178	1653	JORGE ESTEVES	M	52	01:57:11	01:56:54	INDIVIDUAL
179	192	HELDER OLIVEIRA	M	53	01:57:56	01:56:31	GAIA RUNNING
180	1041	JORGE SANTOS	M	51	01:58:00	01:56:58	CP AGUAS GAIA
181	1040	MANUEL SANTIAGO	M	50	01:58:31	01:57:29	CP AGUAS GAIA
182	676	DURBALINO M FERREIRA	M	53	01:58:33	01:57:53	GINASIO FIT4FUN
183	1106	VÍTOR VIEIRA	M	50	01:58:39	01:57:21	INDIVIDUAL
184	1816	MANUEL L C B M CARVALHO	M	50	01:59:06	01:57:51	INDIVIDUAL
185	674	ANTÓNIO J COSTA	M	51	01:59:50	01:58:27	GINASIO FIT4FUN
186	344	HENRIQUE JORGE	M	52	02:02:11	02:01:00	INDIVIDUAL
187	2127	DOMINGOS F O CAMBOA	M	54	02:03:08	02:02:42	JUVENTUDE CORTEGAÇENSE
188	318	RICARDO BASTOS	M	50	02:03:10	02:03:10	AA LEBRES SADO
189	1837	EDUARDO T REBELO	M	53	02:03:14	02:02:25	EDUART - COMPONENTES CALÇADO
190	1544	MÁRIO COSTA	M	53	02:04:06	02:02:32	OS ANTIGOS
191	1392	AGOSTINHO JOSÉ	M	54	02:04:22	02:02:48	RUN TO BE ALIVE
192	576	FERNANDO CONCEIÇÃO	M	51	02:05:12	02:04:10	INVICTA RUNNERS TEAM
193	1766	JORGE H FRAGA	M	54	02:08:26	02:07:20	JJJ RUN VILA REAL
194	1901	AMADEU CRUZ	M	51	02:12:30	02:11:54	CIRAC
195	1604	FRANCISCO GONÇALVES	M	52	02:19:05	02:17:39	PINDÉRICUS & OUTROS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1453	PEDRO TERRA	M	56	01:16:51	01:16:50	CC S JOÃO MADEIRA

2	1565	ANIBAL ANTONIO	M	56	01:18:38	01:18:34	NAC
3	1065	ARTUR CEPEDA	M	56	01:21:41	01:21:35	CPT BAIRRO CARCAVELOS
4	1067	MANUEL DOURADO	M	59	01:22:57	01:22:41	CPT BAIRRO CARCAVELOS
5	24	ANTONIO VIEIRA	M	58	01:24:30	01:24:26	AFIS/OVAR
6	777	MANUEL SOUSA	M	57	01:25:05	01:24:56	AR LUZ VIDA GONDOMARENSE
7	2142	MANUEL FERREIRA	M	56	01:25:06	01:24:56	SMAS PORTO
8	2193	JOSÉ PEREIRA	M	56	01:26:01	01:25:57	INDIVIDUAL
9	488	JOSÉ S CORREIA	M	57	01:26:02	01:25:33	INDIVIDUAL
10	1318	CARLOS FRIAS	M	59	01:26:26	01:26:18	GD LEÕES GUARDA
11	1036	JOSÉ CAMELO	M	58	01:27:03	01:27:01	SC SALGUEIROS
12	464	JOSE S SILVA	M	57	01:27:07	01:26:45	INDIVIDUAL
13	1063	JOSÉ CORVAL	M	59	01:27:54	01:27:46	CPT BAIRRO CARCAVELOS
14	717	ANTONIO ROCHA	M	56	01:28:01	01:27:54	CA GAIENSES/TOYOTA
15	479	VITOR RIBEIRO	M	55	01:28:36	01:28:22	OS CANSADOS
16	641	JOAQUIM NOGUEIRA	M	55	01:28:49	01:28:40	C VETERANOS PORTO
17	1224	JOSÉ FERNANDES	M	58	01:30:41	01:30:33	MOV JUVENTUDE MERELIM
18	259	JACINTO OLIVEIRA	M	57	01:30:41	01:30:37	Bº CARCAVELOS (MATOSINHOS)
19	978	JOAQUIM COSTA	M	59	01:30:49	01:30:39	CA OVAR
20	90	DAVID FERNANDES	M	58	01:30:50	01:30:46	GDC GUILHOVAI
21	263	JOÃO SILVA	M	57	01:31:24	01:31:18	MAIA AC/CRIOBABY
22	1260	FERNANDO PINTO	M	56	01:31:37	01:31:24	PORTO RUNNERS
23	58	MANUEL SOUSA	M	59	01:31:44	01:31:36	AFIS/OVAR
24	112	ALEXANDRE SILVA	M	56	01:32:27	01:32:05	MF MARTINS
25	450	FRANCISCO ROCHA	M	56	01:32:34	01:32:03	OS AMIGOS GRIJÓ
26	1121	GERALDO CAMPOS	M	57	01:32:39	01:32:21	INDIVIDUAL
27	1455	MANUEL FERREIRA	M	59	01:32:48	01:32:21	CC S JOÃO MADEIRA
28	1613	ARNALDO MARINHO	M	56	01:33:34	01:33:16	GD LEOES VENEZA
29	436	ANTÓNIO CRUZ	M	58	01:34:21	01:34:06	CAPA15.07
30	2035	JOÃO A A RODRIGUES	M	57	01:34:29	01:33:55	INDIVIDUAL
31	483	RUI PINA	M	58	01:34:51	01:34:25	OS CANSADOS
32	1450	DARIO PEREIRA	M	56	01:35:12	01:35:05	CC S JOÃO MADEIRA
33	1379	FRANCISCO COSTA	M	56	01:35:40	01:35:40	CA LAMAS
34	413	RICARDO OSÓRIO	M	59	01:36:16	01:35:03	UNIDOS À FRESCA
35	1146	FRANCISCO RODRIGUES	M	59	01:36:43	01:36:18	RODA DOS VENTOS
36	624	ANÍBAL R ALMEIDA	M	55	01:36:49	01:36:36	INDIVIDUAL
37	189	CARLOS PINTO	M	55	01:36:49	01:35:23	GAIA RUNNING
38	121	DAVID GONÇALVES	M	58	01:37:48	01:37:31	FERREIROLUX
39	1697	AVELINO J F FARIA	M	58	01:37:54	01:37:35	TRAILISTAS EU É QUE SEI!
40	2155	VITOR AMARAL	M	57	01:38:07	01:37:13	INDIVIDUAL
41	1309	JOSE M S LEITE	M	57	01:38:08	01:37:33	GC SANTO TIRSO
42	1904	ALCIDES SALES	M	55	01:38:13	01:38:02	CIRAC
43	1962	CARLOS LEMOS	M	55	01:38:20	01:38:09	SR CEPANENSE
44	1258	FRANCISCO J O MONTEIRO	M	55	01:38:20	01:38:09	PAVILHÃO ROLANTE
45	1744	JOAQUIM FANGUEIRO	M	58	01:38:25	01:37:42	GRE BONFIM
46	545	MANUEL A SILVA	M	55	01:38:58	01:38:08	CD FEIRENSE
47	747	FERNANDO GONÇALVES	M	56	01:39:11	01:38:27	JAM
48	1326	FERNANDO CAMELO	M	57	01:39:15	01:38:39	SC SALGUEIROS

49	966	EDMUNDO GUEDES	M	58	01:39:15	01:38:43	NA CUCUJÃES
50	1649	ANTÓNIO PEREIRA	M	56	01:39:17	01:39:07	AMIGOS QUINTA FREIRAS
51	314	ANTONIO NETO	M	59	01:39:23	01:39:16	TRIFITROFA CFT
52	126	JOSÉ FARIA	M	57	01:39:47	01:39:08	FERREIROLUX
53	1096	HERNANI SOARES	M	55	01:39:54	01:39:13	RAMADAS DO ASFALTO
54	138	AUGUSTO LEMOS	M	58	01:40:04	01:39:44	OS RIBEIRINHOS
55	64	DOMINGOS SOUSA	M	56	01:40:05	01:39:40	BOAVISTA FC
56	973	ARLINDO PINTO	M	58	01:40:14	01:39:38	CA OVAR
57	716	JOSE SILVA	M	56	01:40:15	01:39:42	CA GAIENSES/TOYOTA
58	591	ARTUR T FERRAZ	M	57	01:40:40	01:39:18	FALTA MUITO
59	35	JOSE AMARO	M	56	01:41:24	01:41:24	AFIS/OVAR
60	858	ANTONIO AZEVEDO	M	58	01:41:24	01:40:24	CALDAS S JORGE SC
61	903	RUI GOMES	M	58	01:41:38	01:40:22	BRAGUINHAS
62	871	QUINTINO BACELO	M	56	01:41:40	01:41:13	GDR JUVENTUDE RIBEIRAS
63	989	CARLOS A MACEDO	M	59	01:41:48	01:41:29	AD AMARANTE
64	902	JOSÉ PEREIRA	M	56	01:41:54	01:41:54	BRAGUINHAS
65	1906	ANTÓNIO FERNANDO	M	56	01:42:31	01:41:45	CIRAC
66	1347	GERALDINO SILVA	M	58	01:42:38	01:42:11	PORTO RUNNERS
67	691	CARLOS A T CRUZ	M	59	01:42:53	01:42:08	INDIVIDUAL
68	580	JOSÉ SEQUEIRA	M	55	01:43:20	01:42:33	TURBULENTOS
69	1436	ANSELMO MOREIRA	M	59	01:43:24	01:43:10	CF OLIVEIRA DOURO
70	1547	BRANCO LIMA	M	56	01:43:52	01:42:56	OS ANTIGOS
71	1044	JOSÉ BARBOSA	M	59	01:44:18	01:43:15	CP AGUAS GAIA
72	584	ARMANDO CERQUEIRA	M	56	01:44:36	01:43:24	GD LEOES VENEZA
73	650	EMÍLIO GONÇALVES	M	58	01:45:07	01:45:07	GDF CAMPANHÃ
74	559	MANUEL PEREIRA	M	55	01:45:18	01:44:08	OS KAGADOS
75	1534	MODESTO MONTEIRO	M	55	01:45:25	01:45:11	CIA ALPENDORADA
76	647	NELSON J R C SILVA	M	59	01:46:09	01:45:31	INDIVIDUAL
77	1415	ARMINDO TORRES	M	56	01:46:29	01:44:56	N KARATE ATLETISMO RORIZ
78	136	RAUL FERREIRA	M	57	01:46:32	01:45:45	FERREIROLUX
79	1416	ERNESTO BRANDÃO	M	55	01:46:32	01:44:59	N KARATE ATLETISMO RORIZ
80	1213	JOÃO OLIVEIRA	M	56	01:47:09	01:47:09	GJ PINHEIRO BEMPOSTA
81	2104	RUI VILAR	M	55	01:47:30	01:46:25	INDIVIDUAL
82	327	LUIS CASTRO	M	55	01:47:33	01:47:22	SC CRUZ
83	297	JOSE LOPES	M	56	01:49:15	01:48:44	CP EDP PORTO
84	1701	ANTÓNIO SANTOS	M	59	01:49:32	01:48:33	INVICTA RUNNERS TEAM
85	721	VERIDIANO RIBEIRO	M	59	01:49:41	01:48:18	HM TRAINING GROUP
86	1202	MANUEL JEJUS	M	57	01:49:55	01:48:44	INDIVIDUAL
87	92	ARTUR NADAIS	M	56	01:50:11	01:49:48	GDC GUILHOVAI
88	1389	SERAFIM SOUSA	M	59	01:50:46	01:49:58	CA LAMAS
89	928	JOSE ROCHA	M	56	01:51:04	01:49:26	CA ERMESINDE
90	408	ANTÓNIO V S BRANDÃO	M	57	01:51:18	01:50:29	CGD-OVAR
91	786	JOSÉ NOGUEIRA	M	57	01:51:43	01:50:20	TUGAS NA ESTRADA
92	632	CARLOS FREIRE	M	55	01:52:13	01:50:44	C VETERANOS PORTO
93	503	CARLOS RAMOS	M	57	01:53:25	01:52:47	INDIVIDUAL
94	434	ARMÉNIO FERREIRA	M	59	01:53:30	01:52:02	CDCR CTT PORTO
95	1425	LUIS LIMA	M	55	01:53:39	01:53:15	ACR VALE CAMBRA

96	1777	CASIMIRO FERNANDES	M	59	01:53:47	01:52:07	GRUPO OS BARRIGAS
97	1905	MANUEL SILVA	M	56	01:53:52	01:52:40	CIRAC
98	1122	MANUEL BRANDÃO	M	57	01:54:03	01:53:29	INDIVIDUAL
99	484	MANUEL BRITES	M	59	01:54:25	01:53:42	OS CANSADOS
100	827	JOAO OLIVEIRA	M	58	01:54:35	01:53:34	CALDAS S JORGE SC
101	638	PAULO CRAVEIRO	M	55	01:56:00	01:54:21	C VETERANOS PORTO
102	1913	LUIS J ARCHER	M	57	01:56:04	01:55:07	INDIVIDUAL
103	729	JÓÃO DO CARMO	M	55	01:56:32	01:55:29	SUNSET RUNNERS
104	75	FRANCISCO OLIVEIRA	M	56	01:57:08	01:56:00	AA GONDOMAR
105	631	JOSÉ MACEDO	M	58	01:57:41	01:57:41	C VETERANOS PORTO
106	1566	ANTONIO M C FERREIRA	M	55	01:57:55	01:57:41	INDIVIDUAL
107	104	GIL DA COSTA	M	56	01:58:22	01:57:21	ACR VALDÁGUA
108	1490	MANUEL L SOARES	M	55	01:58:38	01:57:09	INDIVIDUAL
109	805	JORGE CERQUEIRA	M	58	01:59:03	01:58:44	AD AMARANTE
110	1215	DAVID PEREIRA	M	59	02:00:31	01:59:28	GJ PINHEIRO BEMPOSTA
111	1580	MANUEL RIBEIRO	M	55	02:00:57	01:59:42	INDIVIDUAL
112	449	ANTÓNIO FERNANDES	M	57	02:01:37	02:01:10	OS AMIGOS GRIJÓ
113	633	PAULO ROCHA	M	56	02:02:18	02:00:51	C VETERANOS PORTO
114	792	RICARDO NETO	M	57	02:02:24	02:00:59	TUGAS NA ESTRADA
115	395	PEDRO FIGUEIREDO	M	59	02:02:37	02:00:57	AA PARQUE INFANTE D PEDRO
116	634	AUGUSTO PINTO	M	56	02:04:12	02:02:45	C VETERANOS PORTO
117	1510	SERAFIM COUTINHO	M	59	02:08:53	02:08:03	ASPHALT ASSAULT TEAM
118	789	MANUEL SÁ	M	59	02:09:23	02:08:00	TUGAS NA ESTRADA
119	788	JORGE GONÇALVES	M	59	02:10:47	02:09:23	TUGAS NA ESTRADA
120	410	JOSÉ CLEMENTE	M	57	02:10:51	02:09:18	CLEMENTE
121	1390	MÁRIO R A SILVA	M	59	02:14:44	02:14:29	INDIVIDUAL
122	1753	ARMANDO OLIVEIRA	M	56	02:15:01	02:13:52	LOUSADA RUNNERS
123	1907	JOSÉ V OLIVEIRA	M	56	02:17:18	02:16:04	CIRAC
124	1124	EDUARDO GONÇALVES	M	56	02:19:30	02:18:52	INDIVIDUAL
125	1217	HÉLDER SILVA	M	55	02:24:15	02:22:31	INDIVIDUAL
126	1607	MIGUEL BRAGA	M	55	02:28:13	02:27:17	NUTRIBARROSAS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1061	CASIMIRO GALHARDO	M	60	01:18:35	01:18:32	CPT BAIRRO CARCAVELOS
2	1314	HORACIO D TEIXEIRA	M	60	01:23:22	01:23:16	LOUSADA RUNNERS
3	1020	CARLOS A S MARTINS	M	63	01:25:57	01:25:48	INDIVIDUAL
4	996	GRACIANO PEREIRA	M	60	01:26:02	01:25:57	ACAD FERNANDA RIBEIRO
5	2123	ANTÓNIO ALFREDO	M	62	01:26:15	01:26:15	INDIVIDUAL
6	1062	JOAQUIM RIBEIRO	M	60	01:27:29	01:26:38	CPT BAIRRO CARCAVELOS
7	221	ADÃO REIS	M	66	01:29:51	01:29:47	INDIVIDUAL
8	401	FERNANDO F O PEREIRA	M	60	01:32:08	01:31:58	CA AVINTES
9	930	FRANCISCO LOPES	M	64	01:33:19	01:31:40	CA ERMESINDE
10	830	ABEL SANTOS	M	68	01:34:40	01:34:11	CALDAS S JORGE SC
11	1825	FREDERICO BIEL	M	64	01:34:53	01:34:18	OS CANSADOS
12	1669	MANUEL F SAMPAIO	M	61	01:36:28	01:35:45	INDIVIDUAL
13	358	FERNANDO CARVALHO	M	62	01:37:35	01:35:53	TERRORES DO ASFALTO

14	122	EDUARDO FERNANDES	M	63	01:37:52	01:37:24	FERREIROLUX
15	1188	ADRIANO QUEIRÓS	M	63	01:38:10	01:37:42	AD RIO LARGO C ESPINHO
16	998	CARLOS CARNEIRO	M	61	01:38:48	01:38:28	ACAD FERNANDA RIBEIRO
17	1427	MANUEL SANTOS	M	62	01:38:59	01:38:53	CI ARGONCILHE
18	393	MARTINHO V PACHECO	M	61	01:39:06	01:38:38	INDIVIDUAL
19	1576	VITOR PARREIRA	M	62	01:39:19	01:38:40	OS CANSADOS
20	894	SERAFIM A S MARTINS	M	64	01:39:27	01:38:36	CP TELECOM ZONA NORTE
21	2181	CONSTANTINO VIEIRA	M	63	01:39:54	01:38:53	OS FALTA D'AR
22	994	ARTUR FREITAS	M	65	01:40:38	01:40:20	ACAD FERNANDA RIBEIRO
23	1295	ALFREDO ROCHA	M	65	01:40:40	01:39:58	CCD APDL
24	298	AUGUSTO GRANJA	M	63	01:40:47	01:39:44	CP EDP PORTO
25	123	JUSTINO COUTADA	M	62	01:41:05	01:40:51	FERREIROLUX
26	141	JOÃO SOARES	M	71	01:41:29	01:41:09	OS RIBEIRINHOS
27	1505	DOMINGOS S A TELES	M	63	01:41:51	01:41:24	INDIVIDUAL
28	466	RUI M N MATOS	M	60	01:41:59	01:40:41	INDIVIDUAL
29	409	CARLOS LEITE	M	71	01:42:32	01:41:55	ACR RIBEIRA OVAR
30	808	CARLOS MACEDO	M	60	01:42:41	01:42:22	AD AMARANTE
31	705	ANTONIO LOURENÇO	M	64	01:42:49	01:42:49	GD LEOES VENEZA
32	1064	EDUARDO PAQUETE	M	66	01:42:49	01:42:49	CPT BAIRRO CARCAVELOS
33	629	MANUEL DIAS	M	61	01:43:02	01:43:02	C VETERANOS PORTO
34	139	HENRIQUE CONCEIÇÃO	M	65	01:43:46	01:43:26	OS RIBEIRINHOS
35	768	JOAQUIM AMIEIRO	M	64	01:44:03	01:43:16	CENAP
36	1024	MÁRIO PORTULEZ	M	67	01:44:10	01:43:27	INDIVIDUAL
37	2106	MANUEL S RODRIGUES	M	60	01:44:13	01:42:31	INDIVIDUAL
38	222	TÁCITO M LARANJEIRA	M	67	01:44:20	01:44:20	INDIVIDUAL
39	128	CONSTANTINO MOREIRA	M	60	01:44:28	01:44:00	FERREIROLUX
40	1386	LUCÍDIO DIAS	M	67	01:44:35	01:44:24	CA LAMAS
41	754	HERMINIO RAMOS	M	60	01:45:00	01:43:58	BTTRAIN - C FERROV COIMBRA
42	68	MANUEL VIEIRA	M	60	01:45:01	01:45:01	BOAVISTA FC
43	990	ARMANDO M P MACEDO	M	70	01:45:12	01:45:08	INDIVIDUAL
44	1311	FRANCISCO V NETO	M	71	01:45:22	01:44:23	GC SANTO TIRSO
45	796	JOAQUIM SILVA	M	67	01:45:23	01:44:39	CA MATOSINHOS
46	1588	ANTÓNIO S MATOS	M	67	01:45:33	01:45:24	INDIVIDUAL
47	797	MANUEL T CANÁRIO	M	67	01:45:40	01:44:56	CA MATOSINHOS
48	1059	MIGUEL J P CAMPOS	M	60	01:46:20	01:45:39	INDIVIDUAL
49	1414	LUIS BESSA	M	61	01:46:32	01:44:58	N KARATE ATLETISMO RORIZ
50	880	CARLOS SILVA	M	65	01:46:32	01:46:02	TUBARÕES DE ESPINHO
51	70	ADÃO DIAS	M	64	01:46:38	01:46:30	BOAVISTA FC
52	1011	JOSE COSTA	M	62	01:46:41	01:45:51	GD AIRÃO CURVIA
53	1776	MANUEL PINTO	M	69	01:46:43	01:45:04	GRUPO OS BARRIGAS
54	1476	MANUEL ROCHA	M	67	01:46:59	01:46:00	OS KAGADOS
55	1409	SERAFIM FONSECA	M	61	01:47:10	01:46:17	OS AMIGOS S PEDRO COVA
56	1134	MANUEL PAIVA	M	64	01:47:16	01:46:45	INDIVIDUAL
57	1000	ANTÓNIO B MESQUITA	M	69	01:47:29	01:46:52	PORTO RUNNERS
58	644	FERNANDO RIBEIRO	M	63	01:47:32	01:47:05	C VETERANOS PORTO
59	2157	ANTONIO PEREIRA	M	61	01:48:09	01:46:37	INDIVIDUAL
60	1186	JOAQUIM GOMES	M	60	01:48:21	01:48:11	AD RIO LARGO C ESPINHO

61	31	FERNANDO SANTOS	M	72	01:48:28	01:47:57	AFIS/OVAR
62	1230	ANTONIO ALVES	M	64	01:48:35	01:48:14	INDIVIDUAL
63	380	NARCISO ARROMBA	M	61	01:48:42	01:48:26	INDIVIDUAL
64	627	HENRIQUE GONÇALVES	M	60	01:49:01	01:47:33	C VETERANOS PORTO
65	1111	ALBERTO MELO	M	71	01:49:16	01:49:16	CPT BAIRRO CARCAVELOS
66	50	MÁRIO CONDE	M	61	01:49:25	01:49:02	AFIS/OVAR
67	498	MÁRIO VILARINHO	M	67	01:49:53	01:49:27	INDIVIDUAL
68	643	JOSÉ RAMALHÃO	M	62	01:50:21	01:49:56	C VETERANOS PORTO
69	1471	AVELINO PEREIRA	M	70	01:50:51	01:50:39	CCDT CM GONDOMAR
70	929	JOAQUIM ARAUJO	M	65	01:51:06	01:49:27	CA ERMESINDE
71	124	FERNANDO SOUSA	M	62	01:51:25	01:50:45	FERREIROLUX
72	2162	MARIO SAMPAIO	M	62	01:51:28	01:51:27	SANTIAGO
73	1144	MANUEL CRUZ	M	61	01:51:31	01:50:55	GD BANCO PORTUGAL
74	1397	CAMILO G DUARTE	M	69	01:51:32	01:50:15	QUIMIFEIRAVCD CORRRE
75	330	CUSTODIO NETO	M	67	01:51:48	01:51:16	INDIVIDUAL
76	2088	ALBERTO GUIMARAES	M	62	01:52:27	01:52:00	NA TAIPAS
77	1612	BENJAMIN KIMBUELAS	M	62	01:52:47	01:52:26	GD LEOES VENEZA
78	1892	ANTÓNIO TRINDADE	M	63	01:53:24	01:52:09	INDIVIDUAL
79	93	GERMANO PAIVA	M	61	01:53:35	01:52:32	GDC GUILHOVAI
80	1656	ANTÓNIO A PEREIRA	M	61	01:53:57	01:52:49	INDIVIDUAL
81	703	MARIO MIRANDA	M	62	01:54:26	01:53:14	GD LEOES VENEZA
82	767	ARMANDO T SILVA	M	65	01:54:40	01:53:37	INDIVIDUAL
83	1914	ZÉ AFONSO	M	64	01:55:14	01:54:19	INDIVIDUAL
84	125	MANUEL BRITO	M	60	01:55:22	01:54:44	FERREIROLUX
85	2149	ARLINDO SANTOS	M	66	01:55:31	01:54:50	DESP. ATLÉTICO DE RECARDÃES
86	1381	JOAQUIM PAULINO	M	65	01:55:40	01:54:59	CA LAMAS
87	536	JOAO CASTRO	M	69	01:55:47	01:54:36	FAMILIA CASTRO
88	649	DANIEL S FONTES	M	64	01:56:50	01:55:19	FONTES & FONTES
89	1189	ALFREDO SANTOS	M	61	01:57:18	01:55:46	AD RIO LARGO C ESPINHO
90	1600	MANUEL CARVALHO	M	63	01:57:29	01:56:13	INDIVIDUAL
91	296	ARMANDO PENEDA	M	61	01:57:57	01:57:48	CP EDP PORTO
92	838	ALBANO MIRANDA	M	74	01:58:23	01:56:50	CALDAS S JORGE SC
93	1457	MANUEL EMIDIO	M	64	01:59:45	01:59:45	MARIA ANTONIA
94	1573	JOSÉ A BASTOS	M	60	01:59:48	01:58:35	INDIVIDUAL
95	2096	JOAO SA	M	62	01:59:56	01:59:16	NA TAIPAS
96	628	JOAQUIM MENESES	M	60	02:00:02	01:58:33	C VETERANOS PORTO
97	711	JOAQUIM SILVA	M	62	02:00:13	01:59:08	ESPOSOS SILVA
98	1487	AMERICO SANTOS	M	61	02:00:27	01:59:03	C VETERANOS LIS
99	1589	LUIS ABREU	M	67	02:00:32	01:59:02	GA INDEPENDENTES GAIA
100	851	RAMIRO MONTEIRO	M	66	02:00:44	01:59:59	CALDAS S JORGE SC
101	392	ALVARO VAZ	M	61	02:00:54	01:59:22	COMPORTO
102	1305	EDUARDO T MALHEIRO	M	69	02:00:58	02:00:23	GC SANTO TIRSO
103	507	JOSE ABREU	M	70	02:02:17	02:02:04	GD LEOES VENEZA
104	448	MANUEL COUTO	M	68	02:02:25	02:01:21	OS AMIGOS GRIJÓ
105	1590	AMILCAR OLIVEIRA	M	76	02:02:51	02:01:21	GA INDEPENDENTES GAIA
106	1545	DOMINGOS BORGES	M	60	02:04:06	02:02:32	OS ANTIGOS
107	1123	MANUEL JOAQUIM	M	62	02:05:02	02:04:11	INDIVIDUAL

108	384	FERNANDO PIRES	M	67	02:05:40	02:04:04	SNT
109	1174	AUSPICIO FERNANDES	M	73	02:07:39	02:07:20	GD SANTANDER TOTTA
110	1493	JORGE A OLIVEIRA	M	64	02:07:49	02:07:40	BTTRAIN - C FERROV COIMBRA
111	1143	COELHO FERREIRA	M	74	02:07:53	02:07:16	GD BANCO PORTUGAL
112	2062	JOAQUIM F RIBEIRO	M	63	02:10:11	02:08:48	CALDAS S JORGE SC
113	43	LUÍS QUINTINO	M	65	02:10:28	02:10:08	AFIS/OVAR
114	1780	MANUEL PEREIRA	M	63	02:10:43	02:09:06	INDIVIDUAL
115	2232	ALBINO COSTA	M	63	02:12:31	02:10:50	ADEC
116	555	ANIBAL J G CARVALHO	M	64	02:12:42	02:12:10	RCL
117	1910	MANUEL NEIVA	M	66	02:15:08	02:14:07	CIRAC
118	1190	JOSÉ FALCÃO	M	63	02:16:20	02:15:38	AD RIO LARGO C ESPINHO
119	48	MANUEL RILHO	M	70	02:20:18	02:19:54	AFIS/OVAR
120	560	ANTÓNIO CARRILHO	M	60	02:23:13	02:21:42	OS KAGADOS
121	377	FERNANDO HEITOR	M	71	02:27:14	02:26:26	INDIVIDUAL
122	558	ANTÓNIO SILVA	M	74	02:34:53	02:33:50	OS KAGADOS